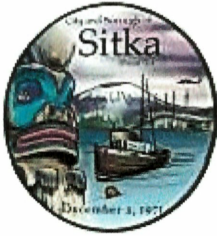


## **POSSIBLE MOTION**

**I MOVE TO** appoint Lexi Fish Hackett to a three-year term on the Health Needs and Human Services Commission.



## Application for Appointment to Boards, Committees, and Commissions City and Borough of Sitka

Board/Commission/Committee: Health Needs & Human Services Commission

Name: Lexi Fish Hackett (legal first name is Alexandra)

Preferred Phone: [REDACTED]

Address: [REDACTED]

Alternate Phone: [REDACTED]

Email Address: [REDACTED]

Fax Number: [REDACTED]

Length of Residence in Sitka: About 20 out of my 36 years

Registered to vote in Sitka? ☒ Yes ☐ No

Employer: Self Employed at Fish & Family Seafoods; I am also a Registered Dietitian Nutritionist but am not currently practicing.

### Organizations you belong to or participate in:

Academy of Nutrition & Dietetics (national group), Dietitians in Integrative & Functional Medicine (national group), Sitka Fish to Schools, Sitka Decolonization Dialogue, plus volunteering with a handful of different activities my kids are involved in.

### Explain your main reason for applying:

I am applying because I really care about the future and the health of Sitka and all Sitkans.  
I would like to see our community thrive and I am looking for a regular way to stay involved and make a difference.  
I enjoy working in a team/ collaborative setting and learning from others.  
I am really hoping to help make Sitka a more equitable and healthy place for everyone who lives here!

### What background, experience or credentials will you bring to the board, commission, or committee membership?

I went to graduate school for nutrition and took a variety of different courses related to public and community health. I understand how a community must assess its health needs and from there, choose priorities & accomplish them in a way that works within the public system. I have followed the Sitka Assembly for years and have a good general understanding of how things work, I think. I have worked on several public health initiatives over the years, and have worked in several different healthcare environments (Bastyr Center for Natural Health, SEARHC inpatient/outpatient, Sitka Community Hospital & Long Term Care).

Please disclose any potential conflicts of interest that may arise from your appointment. These may include but are not limited to:

- A substantial financial interest of \$1000 annually that could be influenced by your appointment.
- An immediate family member employed within the scope of this appointment.

None that I know of.

Please attach a letter of interest, outline, or resume which includes your education, work, and volunteer experience that will enhance your membership.

→ (To be considered, your application must be complete AND be accompanied by one of the above supporting documents.)

Date: 3/17/2021

Signature: [Signature]

Your complete application and resume should be returned to the Municipal Clerk's Office by noon on the Wednesday prior to an advertised Assembly meeting.

Please note: all information submitted will be made public and published online. Appointments are normally made during open session of an Assembly meeting, however, Assembly members may vote to discuss applicant(s) in closed executive session. In this case, do you wish to be present when your application is discussed? ☐ Yes ☐ No

Return to:

Melissa Henshaw, Deputy Clerk/Records Specialist, 100 Lincoln Street  
Fax: 907-747-7403 Email: [melissa.henshaw@cityofsitka.org](mailto:melissa.henshaw@cityofsitka.org)

# LEXI FISH HACKETT

## ABOUT ME

A mother, entrepreneur and registered dietitian nutritionist. Currently focusing on parenthood and growing our small family business; slowly moving into my professional nutrition career as well. Motivated to participate in creating a thriving and healthy community for all Sitkans.

## EDUCATION

2013 - 2016 • Bastyr University  
Master of Science - Nutrition & Dietetics

2003 - 2007 • Willamette University  
Bachelor of Arts - International Relations & Spanish

## EXPERIENCE

### **2014 - 2021 Fish & Family Seafoods - Owner & Operator**

- Direct sales & marketing of wild Alaska seafood caught on our family operation; website & web shop creation & SEO; email & social media marketing.
- Coordinate logistics of infrastructure & food supply chain for fish deliveries nationwide.
- Manage business tasks; sales negotiations, financial management, accounting.
- Relationship management with collaborating businesses, restaurants & individual clients.
- Deckhand work (freezer trolling & longlining).

### **2021 Alaska Seafood Marketing Institute - Registered Dietitian (Consultant)**

- Create education materials & media content for speaker panels related to seafood cooking & nutrition.

### **2018 - 2019 Sitka Community Hospital - Registered Dietitian (Clinical)**

- Practiced evidenced-based clinical nutrition therapy for patients in long term care & inpatient hospital setting.
- Nutrition assessment, counseling, recommendations, charting & follow-up.
- Participated in team care with health care providers & administrative staff.
- Created individual nutrition plans for a variety of health concerns & disease states.
- Created nutrition education materials.

### **2017 University of Texas - Dietetic Intern**

- Clinical Nutrition Rotation at SEARHC. Worked under mentorship for inpatient, outpatient & community nutrition services (3 months).
- Food Service Rotation at MEHS Cafeteria. Created quarterly cycle menus & completed nutrition analysis to comply with National School Lunch Program. Created original recipes & nutrition education materials for cafeteria; assisted in cooking & serving (3 months).
- Community Nutrition Rotation at Sitka Conservation Society - Worked on Fish to Schools program; researched opportunities to improve regional food systems (3 months).

### **2010 - 2020 Sitka Fish to Schools - Coordinator & Volunteer**

Registered Yoga Teacher - Early Childhood Coalition, Yoga Union, Hames Center

## SKILLS

Communication

Community Health

Resourcefulness

Marketing

Logistics

Negotiation



## Health Needs and Human Services Commission

NAME	CONTACT NUMBERS	TERM STARTS	EXPIRES	CATEGORY
CHARLIE WOODCOCK PO Box 115	747-2910 606-224-9958 charlie.woodcock@sitkayouth.org	9/25/18 8/27/19	9/13/19 8/27/22	CHAIR
CECILIA DUMOUCHEL PO Box 6573	617-871-9842 ckdumouchel@gmail.com	12/8/20	12/8/23	VICE CHAIR
DOUG OSBORNE 222 Tongass Drive	966-8674 douglaso@searhc.org	1/27/15	10/14/17 10/24/20 11/10/23	
STEPHANIE HAWNEY 401 Marine Street #2	283-569-2330 stephanie.hawney@sitkatriben-sns.gov	3/9/21	10/23/21	
LOYD PLATSON 805 Charles Street	747-3636 x226 w 623-7560 c lplatson@scpsak.org	8/25/15	10/28/17 11/7/20	
LAKOTA HARDEN 113 Metlakatla Street	747-3636 ext. 224 51-827-7689 lharden@scpsak.org	3/23/21		
TRISTAN GUEVIN 200 Seward Street	738-5415 tristan.guevin@gmail.com	3/23/21		
Jess Earnshaw Deputy Clerk	747-1826 jessica.earnshaw@cityofsitka.org			Secretary
Crystal Duncan PO Box 174	738-1910 assemblyduncan@cityofsitka.org			Assembly Liaison
Kevin Knox PO Box 6415	738-4664 assemblyknox@cityofsitka.org			Alternate Assembly Liaison

Established by Ordinance 2013-23

7 members, 3-year terms. A vacancy on the commission shall be filled by appointment by the Assembly for any remainder of an unexpired term.

Meeting schedule: 3<sup>rd</sup> Wednesday of the month; Noon at Harrigan Centennial Hall, 330 Harbor Drive – Meetings are to be held no less than four times per year.

Revised: March 25, 2021