

#### City and Borough of Sitka

100 Lincoln Street • Sitka, Alaska 99835

Coast Guard City, USA

### Town Hall Meetings on the Future of Healthcare August 30 and 31, 2017 Executive Summary

The future of healthcare in Sitka has been a major discussion over the last twenty months: Southeast Alaska Regional Health Consortium (SEARHC) and Sitka Community Hospital (SCH) have explored the possibility of a joint venture or merger, ECG Management Consultants has presented options for a combined future vision for healthcare in Sitka, and multiple entities expressed interest in purchasing SCH. Most recently the Assembly directed the Municipal Attorney to work with an outside firm to draft an RFP seeking solutions for our Community Hospital in Sitka. In that discussion the Assembly also requested a Town Hall meeting be held to gather input from residents and hear what Sitkans want for the future of healthcare in our community.

The first town hall meeting was held Wednesday, August 30 at the Alaska Native Brotherhood Hall. The second was held Thursday, August 31 at Harrigan Centennial Hall. Approximately 60 residents were present the first night and over 70 the second night, including employees of both Sitka Community Hospital and SEARHC. The meetings were facilitated by professional facilitator Jan Caulfield in conjunction with City Staff. Participants were asked to join tables and partake in the small group conversations. Both meetings focused around two discussions, first being "what are the five most important factors you want the Assembly to consider as they look ahead to addressing healthcare options for Sitka" and the second "what healthcare opportunity do you want the Assembly to consider and why". As individuals stated their thoughts and comments, the facilitators highlighted common themes and consensus points. The facilitators then presented their groups responses to the whole.

This summary points to the common themes that were heard throughout both evenings. All the comments received during the town hall meetings as well as other public comments, are attached to this written report.

In response to question #1 what five most important factors you want the Assembly to consider as they look ahead to addressing healthcare options for Sitka, Sitkans said their most important factors are:

- 1. Financial sustainability People felt that the City and Sitka Community Hospital must remain financial stable now and well into the future.
- 2. Local control or a local voice in the governance model- Sitkans noted the importance of an element of local control/governance.
- 3. High quality services- Quality of healthcare not only through services but also equipment.

- 4. Access to services- People would like more services and/or specialties available in Sitka so less people have to leave the community to get the healthcare they need.
- 5. Local economy and/or jobs- People want healthcare to strengthen our local economy and make use of our Sitka workforce.

In addition, during many of the conversations there was discussion over what specific services were needed in Sitka. Those included were drug/alcohol rehabilitation, long term care and assisted living, and expansion of clinical care. Other needed services included OB, cardiology and mental health.

The second question of what healthcare opportunity do you want the Assembly to consider and why seemed to be more difficult for attendees to answer. During this discussion item, facilitators had to continue to bring the groups back to the original question and give clear guidance. The response that was heard by almost every group was to publicly pursue more collaboration opportunities with SEARHC. Many participants felt that there is an opportunity for Sitka Community Hospital to specialize some needed services, again specifically drug/alcohol rehabilitation, longterm care/ nursing home, and clinic care while strengthening SEARHC's presence as a regional healthcare hub. Consensus on consolidation to strengthen and increase services was heard. Multiple people said they wanted to take advantage of the proposed new SEARHC facility. Discussions also circled around the thought that there was a fine line between not duplicating efforts but being able to compliment and assist each other in their missions.

The groups consensus was to have the Assembly discuss collaboration efforts between SEARHC and Sitka Community Hospital, in public, to work together to create a cradle to grave care for all in Sitka. Again attendees noted that each hospital doesn't have to do everything but that there is room for negotiation and compromise.

The second option the attendees would want the Assembly to consider is a management proposal.

Meeting attendees had questions ranging from why is the Assembly doing this, to what exactly is wrong? Consensus to continue to move this process forward was heard throughout the evening as well.

People noted that this is a hard task for the Assembly and that there are no easy answers. People appreciated the chance to share their thoughts and comments, and work together productively to help give the Assembly direction.

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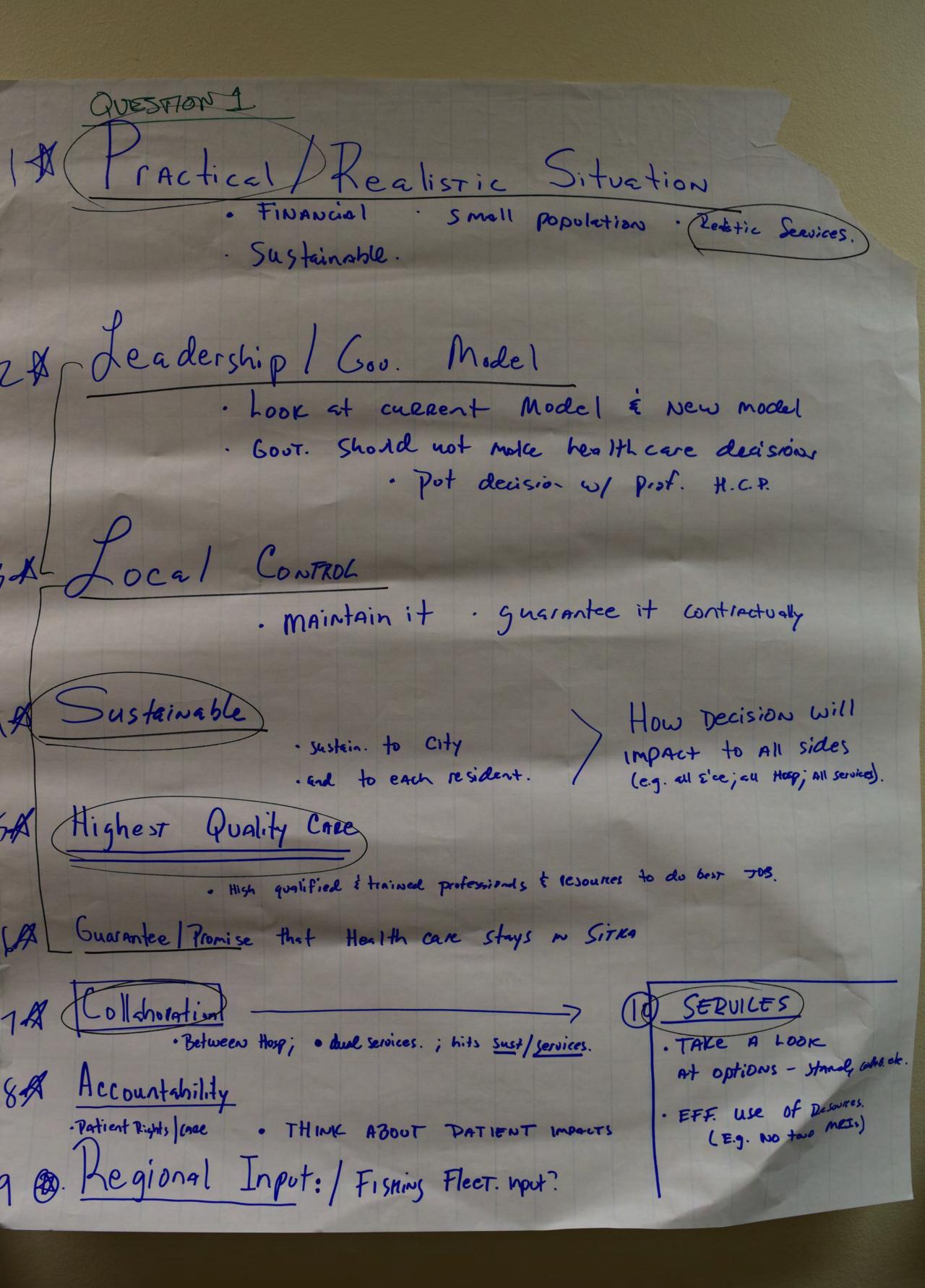
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A SSEMBly Should Determine - Is Health care a Dusiness ANB
or Service? - Be viewed as a Care Sevice - Not Just A Justiness Prefer - Kecieue City Fundas Support From City/community - Ketan local Control - Manket it as an Amenty that Supports From + Development. - Must be sustanable - Long term Planning - Anticipate - S: Iver Tsucani -- Must be Accesble to All - Crable to Grave -Opportunity for Both hospitals- Must Coordinate Care/ Not Dopicate or Compete Which Diministras abouting Consider Future Demographic Growth - News L Need to Cophre Media 1 Trues /misration to get Services that Should /could be provided Consider a Care Service. But Support & Robognize Con thibution S to convery - Gove Jobs - Secondary Elenomy. Timeliness of care - Needs to be forded - Present



\* O) How do we get the commits support. / Assembly support (Dave) M) Why? Are we doing this?
Risk to city - outside management by Providence. 2) Give the community good health-care.

Different things that could happen to help to community.

Long term clockers and nurses. Respected in the community. Mid wifes and birthing conter / Hospice.
Retaining long term 3). Coverage of full like Continuity of our. Dirth to death 4) Economic engine to the community.

Pyrill i run out to other business? primary duty of government Echads and Hesp 1) Long term goal so that we can move forward Conit get doctors and nurses that word to come/no long term quarantee. Turnoil because of no future ( 11) competion and choice. 6) Eliminate uncertanty. Why do we need an RFP. Is doing better 12) Location of the facility.
Located in the center. 13) View it as a asset. 4 7) RFP brings in options. ( 14). Local Control. 8) Public Vote. 15) Convience of two facilities 9) Assembly support to make the commity Hosp work. 10) New Management to learn to lead. /bock to comm. Hosp.

ACCESSIBLE (Maegan) 8/30/17
ANB - Local providers \* Accountable to public (Management) -Maximize Scope and Service \*\*
increase services + quality Descar employee base \*

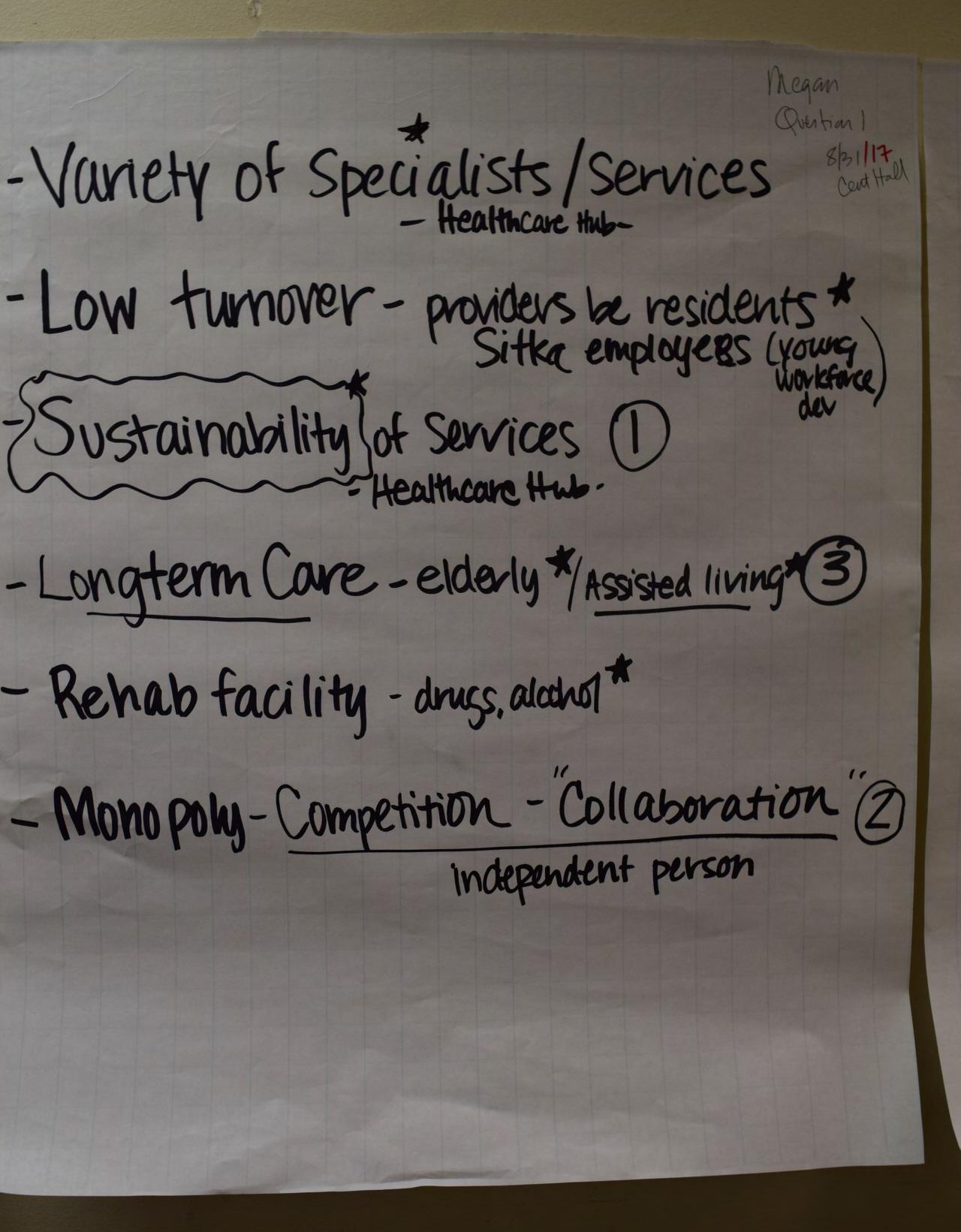
Stability of healthcare system \*\*

- No duplication - (?)\*/Collaboration ob Quality of healthcare 108 midures Continuity of care - Awareness -Aging/Elderly Care (local providers)

Question # 1 5 factors Phil 8130/17 ANB services for whole families - 420 Jany Anna 9014 in Health CAre determination ECG?? CAN common-ty soruin w/o
taking the city down A susta: NASh beatterne system
Hospita/ long-term financial viasility
Non-duplication of services
A broad range " Access to care V is it about financial viability or is it local control? Nové Ebecitifix ctue tuers CAN weintegrate services & SEARCH? in tomm Givin our resources what's the we get best for our community?
The most services for the least movey Speliability, viablity & sustainable Combin collaboration / 64h

#1 Questian 1. Phil, p. 2 8/30/17 AND Serve non-benificiar patients Need a Candiologist All services provided to All patients well-manased Partner must se a long-term commitment concers about integration of Just retaintion the work force (if menged) IN Sitks 10 cal MANAJemt two providers Allow technicald facility back-up State of the Art factife, more long-term carefor elders More Alternative medare options Concern About Non-competition (costs) if only one hospital united community at the end of the process

42 (staits) (OH) Factors symman inancial Sustainability ocal control/governance igh quality services ccess to services ide range of services Monop



Accessibility // Expecialized programs
as uninsorred

Conversation #1

Expecialized programs
as uninsorred Capacity/Availability V Efficiency of services Services for aging population / local control ~ "Small town feel" Wide range of Services - eg. rehab, behavioral health Sustainability - financially Quality services - factors-volume (efficiency) Possible economic impacts

Accessibility /// & specialited programs

as uninswed Capacity/Availability Efficiency of services Services for aging population / local control ~ "Small town feel" Wide range of Services - eg. rehab, behavioral healt Sustainability - financially Quality services - factors-volume (efficiency) competitive Possible economic impacts

Should Be - Rectionary - Affordable - Practical

Also - Rectionary - Affordable - Practical

Also - Rectionary - Affordable - Practical

Reliant on Brotit -> T.E. Porceitie

Reliant on Brotit -> T.E. Porceitie

Should - Meets of All Ages

Goal Should Be well defined Before RFP

A Should Start with RFT - Reguest four Information

Improved Governance Model - Decision Making Pocess

Staffing - Stable - Supported

Also on "Amenity" to Attract Growth - Bosiness.

TEconomic Engine - God Payros Jobs - Supports other employment

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Collaboration + Cooperation Us. Competition.

L Strang Belief that this Would Resolve the Issues

and Improve CARE.

- Should Be Jeff- Questin #1 Be - Rectionale - Affordable - Practical

Suf-Sustaining

Also - F Core Service - Not Entirely

Reliant on Profit -> I.E. Poice File Should - Meets of All Ages 6001 Should Be well defined Before RFF and Should Start with RFI - Reguest for Information Improved bovernance model - Decision MAKINg Pocess Staffing - Stable - Supported ) - Also on "Amenity" to Attract Growth - Business. = = Economic Engine - 600 Payors Jobs - Supports other employment 7 Collaboration + Casperation Uc. Competition. L Stong Belief that this would Resolve the Issues

and Improve CARE.

(Destin#1 Factors 8 31 17 Local hospital/local governance/local control Survices available @ SCH. (Not alway @ SEARHER)

-emergency 1 Employment, jobs Financially solvent, sustainable. - What is the financial problem? - Why are we having to consider changing? Quality of services. (Superior @ SCH) Choice of physicians, care providers (mot Hmo model) Me (Sitha) would still be responsible for PERS. unfunded liabilities. Sound management.

Maintain congetition (benefits to Mis).

Jan

Question #7 Read Rent Beh

MANY

Dons

Non

Dons Accessable Aver hospidal tacility (Affordas. l.ty long-term function + 1.ty Phil P. 8/31/17 complete I comprepensive All services available in on place Interest medical secures question SEATCH's finances too take our Prodent stewardship of health core money Delivery system should be Asilve & flexable to handle changes in the realth come system. (ompassion, competent treated like family
we're All here together on this is land Efficienty > (Federal tunding fluctuating) There is concern About duplication of sovice concern about charjes with only one haspital (compatition) more collaborated the compatition Concer about cost of "travelers" Jobs + retains community saved workers (who have skin in the same) hospitals have collaborated no to community hospital in the old gays of car

condinut of Raving the same provider 8/3/12

Lont have detox or many Zont have detox, or mental health 14cking Addiction Services community care Nat pare q or sconowift Soutlying communities come here SEARCL buildis more housis that what Arethnumbers Sitka provide everything that Juke how 80,000 people catchest Area - use the resources 2 make this the hus 24/7 sorry Accomo entre & celebrates tu mo Hi- cultural community -5 3 Patient Centered (Are = come Bolance of Primary 2 Early Interestor A true health care system

vs & sick care system concerned about the PERS liability A great place to work a to be level

An appropriate traveler policy that

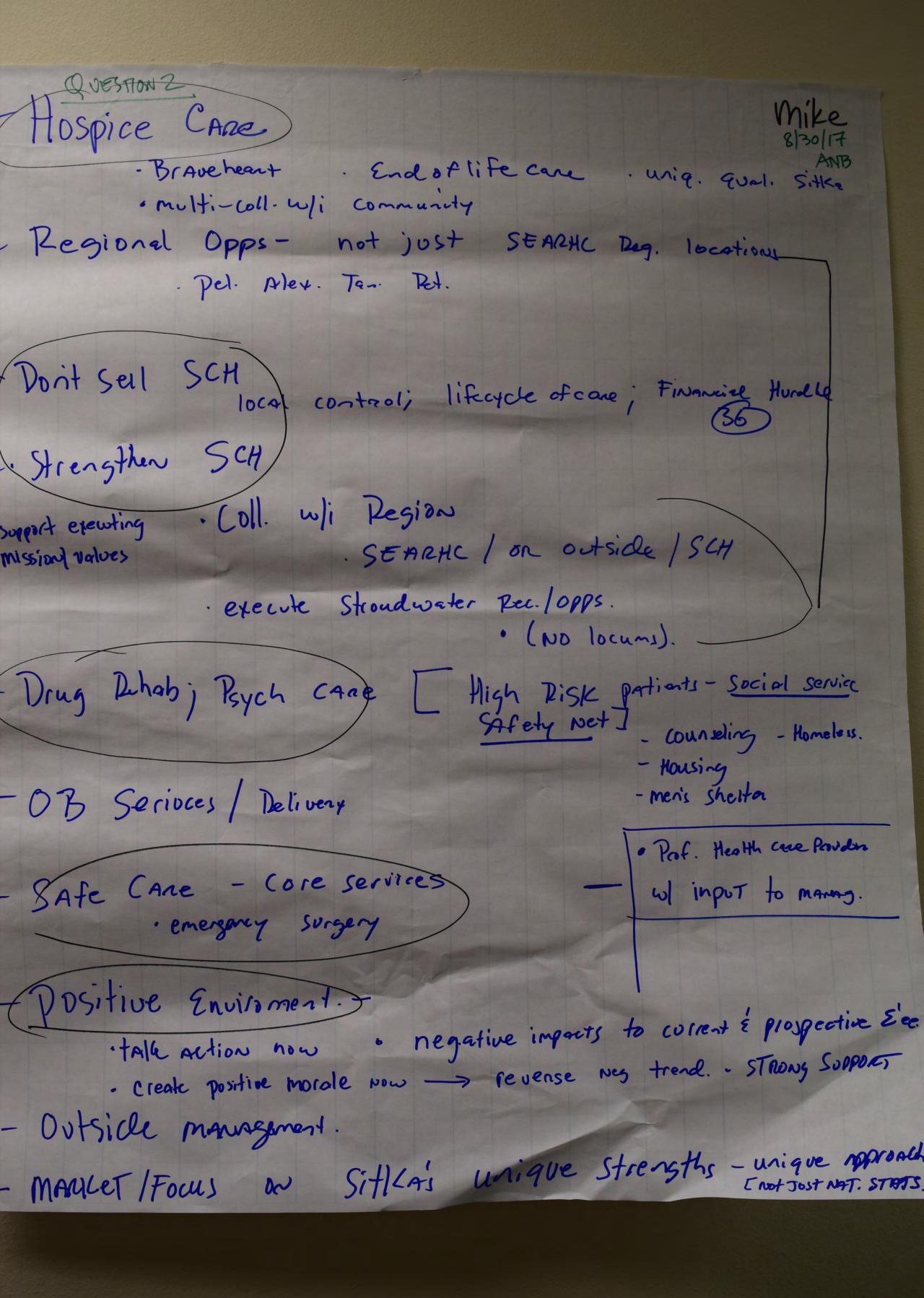
retains / develops community based

employees (doesn't brink the bank)

Questro I

MISSION/END/GOAL	
· decision . 2FP · Philosophy of Organiz Enal	
DN ho decides?	
(+) [C.A or vote], processes or Norwey Input.  (+) what will decision process- Ze.	
thunch will decision process- 20.  Ocal Control	
Role of Board . Include Health care  Professionals in Leadership of the	De
· End Uncertainty - commit	
· morale - taust	
lifelong Care - Cont. of care - Safe Care	
· Improve health care. — D Osecone long-tern Dres.	
* AFFORDABILITY & Need more specific	-
Reduce financial & other Risk	
· PERS lish. 36	
Consider Employment - Economics	
1 NFO/confusion-role; relati, prices · Avoid mill result	

B



QUESTION 2

Longterm cove\* Mass mental health 8/30/177 ANB

What's wrong? Why? what are you trying to accomplish?

Spend tax money efficiently.

Merging & Consolidating Collaboration \*

From birth to death#

keeping local control

- Sustainability

- Take advantage of new hospital facility

No outside management, they will still have compete with SEARHC.

Rather From Compete - Focus / Courling to 3/30/17 AND CARR - Proffesional Management. - Ex. - Child Birth
- Focus on Best Bracker. Birthing Correr
Midwives Etc. - Must MA:ntein Surgery + OB Care. - Homeopathic - Alternative Medice Consider - New - Experienced Management - New - Ray L Improves morale - Viability - Retention Expand Services through Coordination

Ex. L one Hospital - Hospide Care: Center L ANother Doos - Proventetur Core Etc. - Coordina Care - Efficiencies L MA: tein OB with Midwife

(ore moder

Dobk Potent at put with

Scribes for physicians / Electrone

- SEEK opportunity to provde, > Addiction Care, Rehabilitetim, Monter 1

QUESTION 2

(1) Community Clinic - outpetient then move long care.

330

Dave) 8/30/17 ANB

@ Partner with a longer facility

Horber View / Swedish / SEARING

- @ Regional Hub for outlying communities
- 1 Job opport. (nontravelers)
- (3) Urgany on, no or lack of speedy decision to some the hospital.
- (6) Community Clinic and Long town come in the facility SCH
- Opportunitie to market our services "Etrut our stuff"

## Management - 41,1 (2)

Maegan Q.Z 8/31/17

RFI - Narrow focus - how are we going to pay for it? Evaluate any RFP by medical protessionals + businesses owners

Collaboration-Independent collaborator Keep own missions but also collaborate
"Reinstitute Collaboration"
in public W/SEARHC

Informed votes

Representative group

Specific Services

Let's move forward/

Conversation #2 · 100K outside VP8Ped Interest wide range of population Gerved · SCH Separate From City be a Stand alone findillande non profit —? possible uillage rate contribution · To there a way to put self on séante books.
· Bratus quo ino per Challeng: current situation · Collaboration eliminate -duplication of services chavenes: - Misinformation coss of Men age i - concern over clocal control pro: elimination of services · New updated facility · Joint Vonture of Mn Sett Starte profits e.g. Serviu-cardiac contribute, split profits o Stt - Clinic/tt compositionic/tt critical access status -> other services SEARHC

OPTions to Consider/opportunities Jeff 2 Jeff 2 Mantain a full-Competent Hospittal Board I der 1: fy blew MARKE +5 - Perform A Care Needs Assesment. Develop some "Margus" Services that have thesi in Al DRAW \* Birthing Center \* Regional Psychiatric Conter \* Assisted living - Elder Day Care \* 24 7 Sursicai Team - Trauma Care Etc. Sostanible-Continuity of care - Efficiencies
- Reduce # of Troveling Physicians + Traveling Management - Contributes to Errors / Expensive - Homes-Care Etc. - Regional Services to Communities - Tele Health - Competer With SEARHE L Him Funding /Financial liaison's - For Potients - Scribes - Physians / Nurses Could Sec more Patents Oliganization / maragement Review - Balance Staffing with

- Emphosos on Safe + Competen + Care - Decisions are
Male with this philosophy as the Dave R - Not for
Jost DAJA - J.E. Need So Many Births For your
be considered To Safe.

RFP for A proffesional Hospital Management Team/yet
Maintain local Control

## Jan 8/31/17 Options to consider Collaboration - more providers working together in a langer group to share information, provide services-Sher Show one ER regular communic. between providers. x xo assices centralize/consolidate primary care

Joerstring. offstetrics SCH - lead toward midwhery SEPPERC - sungery

one LTC Primary care (SEARHC)

combraniso.

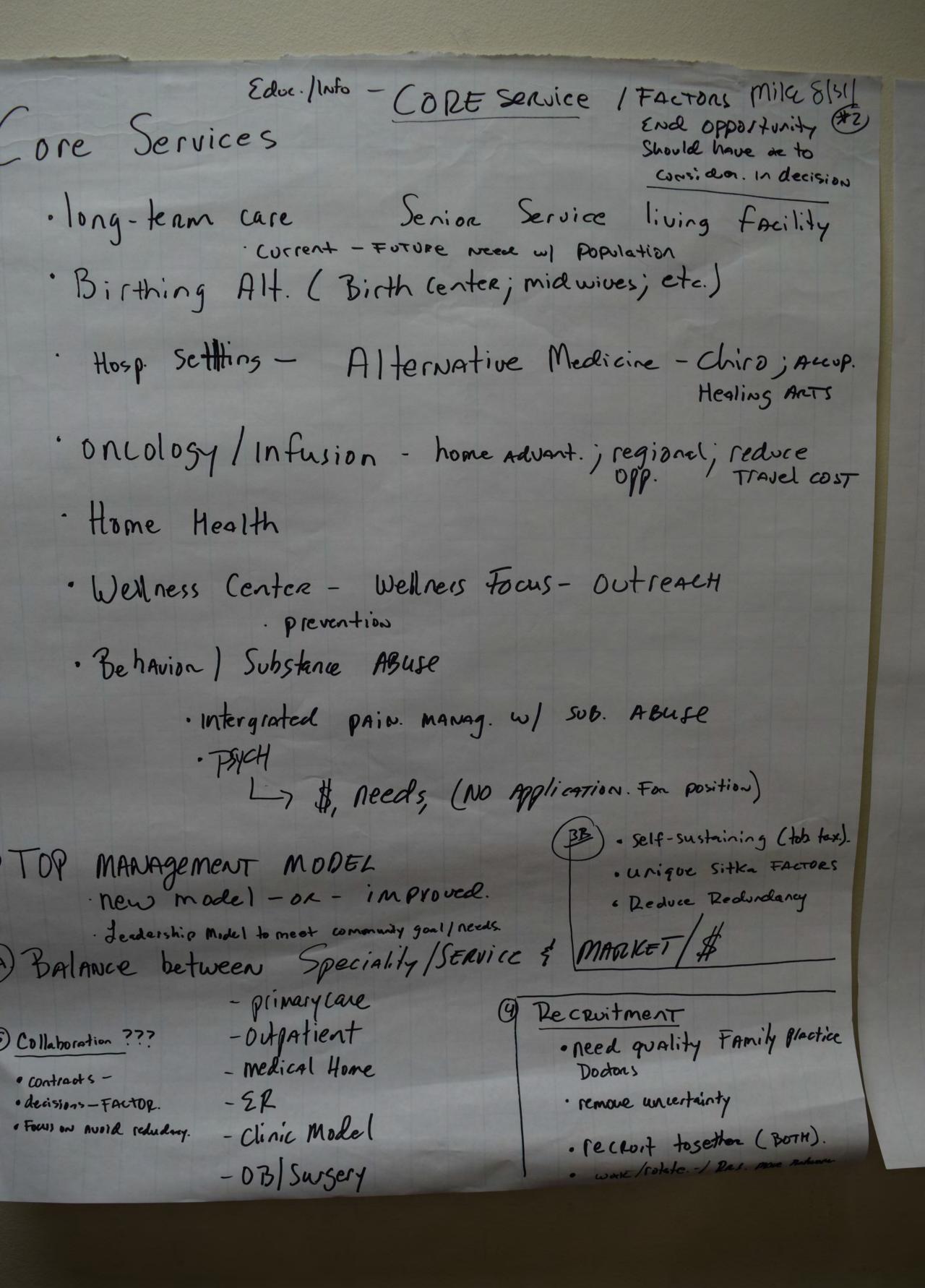
Concerns - not confident w/ can get service@ SEARHC Can only collaborate if both are high quality and there is access to sucs. would need firm SEARHC agreement.

- jo slowly don't make decisions that can't be undon.
- not combine the 2 Hospitals

# Community needs to list the services We need. I was can do it best.

- Q.Z 8/3/17
- = Máximize our choices on who we can go to for services.
  - who provide which services / right-size.
- Pursue the RFP to see what options are out there.
  - But, no everyone is ready for change. (not favor)
  - Sale of SCH not practical must cover PERS unfinded liability.
  - Increase dedicated sales tax or 1 mil prop. tax increase (up to 7) for SCH budget
    - Federal of For SEARAC when they face budget cuts, where would they cut?

      (Relates to collaboration)



# lg. medical institutions are headqtrid outside

Jan (3)
Quertin 2
8/31/17

= importance of quality care refer to where that can be provided. Accountability.

Computer technology to assist w/ diagnosis (searches)

consortium of small hospitals in region to Shave admin./mgteosts

- SCH possibly provide billing services for other institutions, for admin. fee
- stronger SCH mgt. + governance
- Fill vacancy on SCH Bd.
- Try to keep continuity on SCH Bd.
- Need a SCH Hospital Plan. what sucs. we provide

- right. size

Stroudwater Rept. is not a Hospital Plan. - budget planning

Question #2 Phil 8/31/17 - DAR ANNEWAR consortium for medical Recort VISA PLI - HAMANT for other community postituis (1907) List of diplicate services are diplicate (fact finding) clarity bolich or 03/21x {toct tings What are we as a community
willing to pay? (financial picture)
we need to snow into A bissur provider More concer core A CAUSIOSIAN SELVICE Bring motor thing patents hereforthopedes one hospital that supports all the jobs in the community (guit saying "them and us") How many parient, come have

from S.E. villosos/? News on the New Mospital Neud, to come from C. Clement. \_11Them" is "US" Keep care 2 Leath cape in Sittle + \$:5 Establish Trust More outreach to low-income population on the transtal issue a trin needs

lot of people don't complian of people don't le issue 2000 information

Base your decision on good information

People are emotional about this health can

Petters to the state of the third the state of the st

More collegial / collabortion is good

long term care

true collaboration is difficult

i's you are tompeters competitors

work toward one hospital

for job stability, accessibility

Address trust this tony

be tupen the two hospitals

Rejoral care for S.E. peoples

Ph: 747-1808

Fax: 747-7403

☐ Compliment	Comment	☐ Complaint
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Phone:		
Statement:		
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Docvent	se remember how in From is in health	Care.
Freent	ion has taken a back	seaf to
treetmen	t for a long time.	however the
Sycten	that faken a back thora long time, the changing—lets	change w/ it.
Note: This will be i	reviewed by the Administrator and forward Department for a response.	
For	Referred to:	
Office Use Only	Department:	
	Signed by:	
Response/date provi	ided (forward to Administrator):	
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# Five Factors for Assembly to Consider? - Affordability of healthcank

- + Crisis Utuat continue ( historically looking back)

- do not let the city go barrupt by of the hospital be ( want weed the b, sewer, garbage, infrastructur, ENSHINE to cont)

- accurate + timely billing for services

- collaboration + communication between facilities + providers

Tlong-term function / Sustanable NOT-deplication

Sex sured by reverse like Burtlett In Julan (cul 2,5%= Tobacco tax) heep providers to I cost oftraveless COMPATITION waste at \$1 + Fighting over provident

and \$ \$ leaving town

What Healthcare opportunities do you want the assembly to consider? my?

Pain Maragement - comprehense / biopsychosocial

newopsy / behavioral heath, PT, or etc

to I pain med abuse = 2° I drug abuse laddorfen & Easy access - emergent slots on schedule so we don't have to go to go

ER or want for Sat wgest care

} tungs the US does not do well Substance abuset programs

biopsysoc; consider all treatments etc.

Iransparent Costs-know billed cost ahead of time luner possible)

to allow pto to make choses about uneve they go for care (AH, SHUA, laver 40)

Continue with PCP MIS that are classic family practice = good i

Waiting specialists - cardiology

pts get bounced around of traveless

derm otc. 160+ 1# + cast

1 + I reat all aspects of mole person - DONT overly subspecialize Ph: 747-1808 Fax: 747-7403

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Date: <u>8-31-17</u>					
Name					
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Phone					
Statement: We near	A FUNCTIONAL				
ELECTRONIC HOACTH RECORD AT SCH					
Annual statement					
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distinct missi	ing for their service	We will need
to Find ways.	to make sure both or roung merser or collab	noslans are being
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For F Office Use	Referred to:	
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Response/date provided (	(forward to Administrator):	

My name is Harriet Miyasato Beleal and I am here today to give my testimony about the possible merger of Sitka Community Hospital and Searhc Hospital. I am ½ Tlingit Indian and ½ Japanese.

I speak against the merger as I am a beneificary of the Searhc hospital as an Alaska Native and have not been consulted about this merger. I believe as an Alaska native, I should have been able to vote on this issue.

My rights to the Searhc hospital is a Congressional act of U.S. Congress when, back in the 1770's, the first president of United States, when dealing with the first American Indians, in exchange for one billion acres of land, made President George Washington promise the American Indians and Alaskan natives "Health, Education and Welfare". Health is our Indian hospitals, education is our right to scholarships, grants, ect. and welfare is the welfare of our native peoples. As the indigious and aboriginal peoples of the land, this is an U.S. Congressional act of Congress. My children and grandchildren and great-grandchildren of which I have twenty-two great-grandchildren, 14 grandchildren and six children.

It was very wrong to exclude us from all the talks between Sitka Community Hospital and the Searhc Hospital. Searhc has a board of directors who should have had a big say into these talks which have been going on for over a year and a half. Just being able to "read" it in the newspapers is not enough., Our constitutional rights have been violated and no due process happened for us.

ANS / ANS 5 - 3 E A C

Historically, it's an old story and one that is not in our best interests because we had no say in all of it. There should have been public meetings on this issue and open to the public. I strongly object to the method used and I say, STOP, NOW AND LISTEN TO US, THE ORGINAL PEOPLES OF ALASKA.

Signed,

Harriet Miyasato Beleal

Harriet Miyasato Beleal

The standard one of the assemble of the asse

Ph: 747-1808

Fax: 747-7403

☐ Compliment	☐ Comment	☐ Complaint			
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### Sitka Healthcare Needs/Goals

Travis Hudson August 30, 2017

A self-sustaining community hospital.

Community and City dedicated to supporting the community hospital – there is no reason Sitka cannot have an excellent community hospital.

A community hospital mission dedicated to patient-centered care and life-cycle core services.

Community hospital management that is experienced and knowledgeable in providing excellent community healthcare.

Recognition of Sitka's uniqueness in establishing core health services... managing by guidelines derived from national statistics is not appropriate.

A community hospital that fosters excellent staff morale and retention.

Maintain competition

An efficiently managed community hospital with minimal dependence on traveler staff.

### Sitka Community Hospital - Financial Requirements of Divesting Option

Travis Hudson August 30, 2017

I support a stand-alone community hospital but if SCH is to be sold the financial requirements of such a sale include:

- The unfunded pension liabilities are completely covered by the purchaser.
- A viable, long-term plan for the SCH physical plant is in place as part of the sale.
- SCH staff are guaranteed comparable jobs based in Sitka.
- Conditions are established that protect private jobs and businesses such as open and competitive bidding for contracts and use of private sources of services such as pharmacy, maintenance, and food services.
- The divesting process should depend upon open bidding and discussion with all potential buyers.

## Delivered to CB Situa 8/31/17

I want availability of special ty providers in sitka, which might be available through cooperation with Searhc.

Examples a family number sees a psychiatrist at Search, because the only other psychiatrist available in sithea works for sithe counseling, is only here monthly, and is Limited to prescribing medications only (no counseling)

evailable in Sither, not even on a visiting provider basis. another family member is having to travel to virginia mason in Seattle just to get a suspections skin spot Looked at. This could possibly I be addressed by tell medicane if we had a process in place.

1 Want good administrative and customer service/BILLING service) such as I have experienced at sitka community hospital, and NOT at Search Example: I needed to inquire about my bill at searce. I called the number on my bill, and when I was fenally able to talk to someone, They could tell me nothing, after I requested an & itemized printout of the changes (my bill shores) only a Lomp som dollar amount without even service dates) the person on the phone reluctantly said they would figure out" how to send me one. It was still has not arrived

Example 2: 1 called Searche Dental someral times

Example 2: 1 called Surgeon was available

to see et a dental surgeon to reach

thru search in sitka. It took 4 calls to reach

anyone, (The person was knowledgeable + friendly once /

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And much thom, however)

( a contrast, SCHE bills are detailed, and A / can talk to someone on the phone of in person + get my questions answered.