

County Health Rankings & Roadmaps

Building a Culture of Health, County by County

Sitka (SI)

	Sitka	Error Margin	Top U.S. Performers^	Alaska	Rank (of 20)
Health Outcomes					9
Length of Life					1
Premature death	5,800	4,600-7,200	5,200	7,400	
Quality of Life					13
Poor or fair health **	13%	12-13%	12%	14%	
Poor physical health days **	3.3	3.2-3.5	3.0	3.5	
Poor mental health days **	3.1	3.0-3.3	3.0	3.4	
Low birthweight	7%	5-9%	6%	6%	
Health Factors					2
Health Behaviors					10
Adult smoking **	18%	17-18%	14%	19%	
Adult obesity	29%	24-34%	26%	29%	
Food environment index	7.7		8.4	7.2	
Physical inactivity	17%	14-21%	19%	19%	
Access to exercise opportunities	89%		91%	67%	
Excessive drinking **	21%	21-22%	12%	22%	
Alcohol-impaired driving deaths	100%		13%	34%	
Sexually transmitted infections	476.7		145.5	787.5	
Teen births	24	17-32	17	37	
Clinical Care					6
Uninsured	24%	22-27%	8%	19%	
Primary care physicians	490:1		1,040:1	1,160:1	
Dentists	740:1		1,320:1	1,070:1	
Mental health providers	80:1		360:1	300:1	
Preventable hospital stays	38	25-50	36	36	
Diabetes monitoring	55%	40-70%	91%	75%	
Mammography screening	51%	36-65%	71%	55%	
Social & Economic Factors					1
High school graduation	82%		95%	76%	
Some college	74%	66-82%	72%	66%	
Unemployment	4.5%		3.3%	6.5%	
Children in poverty	10%	7-13%	12%	15%	
Income inequality	3.6	3.0-4.2	3.7	4.0	
Children in single-parent households	27%	19-34%	21%	32%	
Social associations	18.0		22.1	11.5	
Violent crime	92		62	627	
Injury deaths	63	42-90	53	83	
Physical Environment					2
Air pollution - particulate matter**			6.7		
Drinking water violations	No				
Severe housing problems	18%	14-23%	9%	21%	
Driving alone to work	58%	52-63%	72%	68%	
Long commute - driving alone	2%	0-4%	15%	16%	

Areas to Explore Areas of Strength

^ 10th/90th percentile, i.e., only 10% are better.
Note: Blank values reflect unreliable or missing data
** Data should not be compared with prior years