

WORK SESSIONS

LIBRARY RENOVATION UPDATE

No advanced documents

5:00 – 5:25 PM

SITKA COMMUNITY FOOD SECURITY ASSESSMENT

5:30 – 5:50 PM

Lisa Sadlier-Hart

Sitka Community Food Security Assessment



Highlights of Results

Sitka Community FOOD ASSESSMENT

Personal Food Security

Can all household members access enough nutritionally adequate, acceptable and safe foods in socially acceptable ways to support an active, healthy life?

Community Food Security

Can a community feed itself especially if faced with a disruption in the food supply chain?

Components of Sitka's Community Food Assessment

- Community Food Resource Profile
- Focus Groups (N=49)
- Food Security Survey (N=422)
- Grounds truth findings at a Sitka Food Summit (N=60)
- Sitka Community Food Assessment Indicators Report

Sitka Community Food Assessment Indicators Report

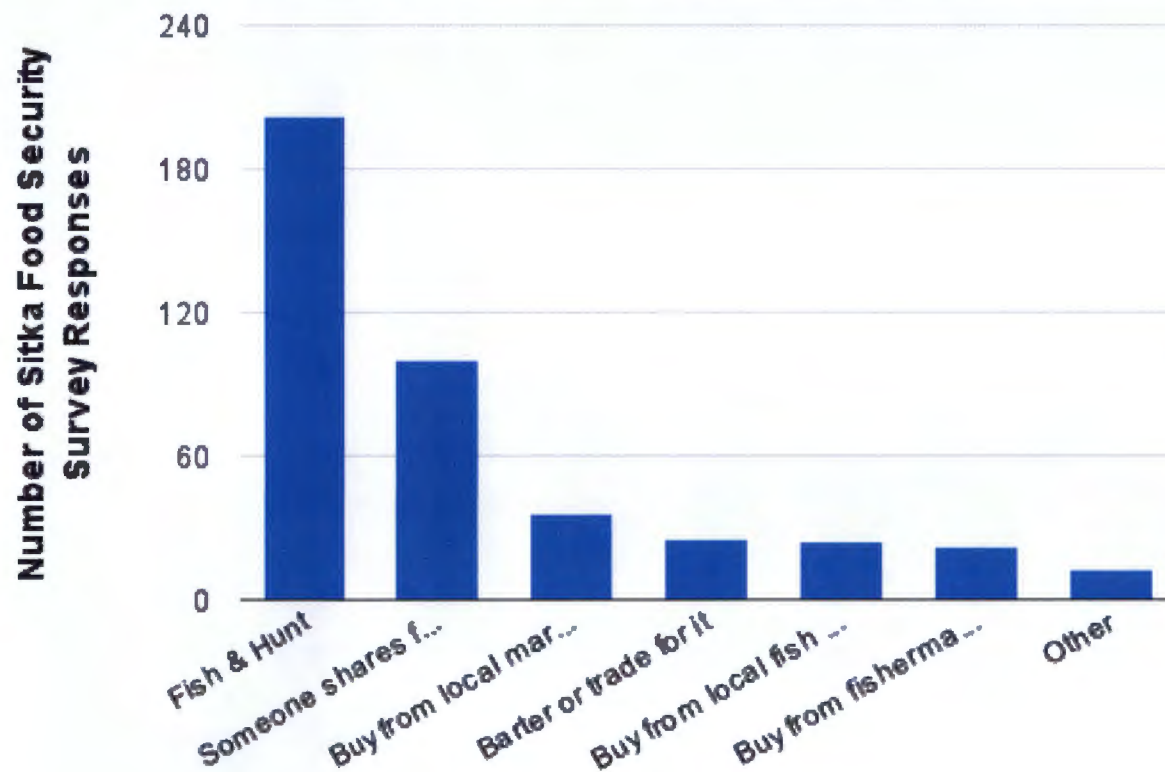
- Sitka Food Facts
- Demographics
- Hunt, Fish, Gather, Grow
- Food Shopping
- Food Assistance
- School Food Environment
- Food Production

Did you know that...

- 48% of Sitka Food Security Survey respondents hunt & fish
- ~132,748 pounds of deer meat was harvested in Game Management Unit 4 in 2011
- ~9,998 pounds of sockeye salmon was harvested in 2010 & 2011 by Sitkans

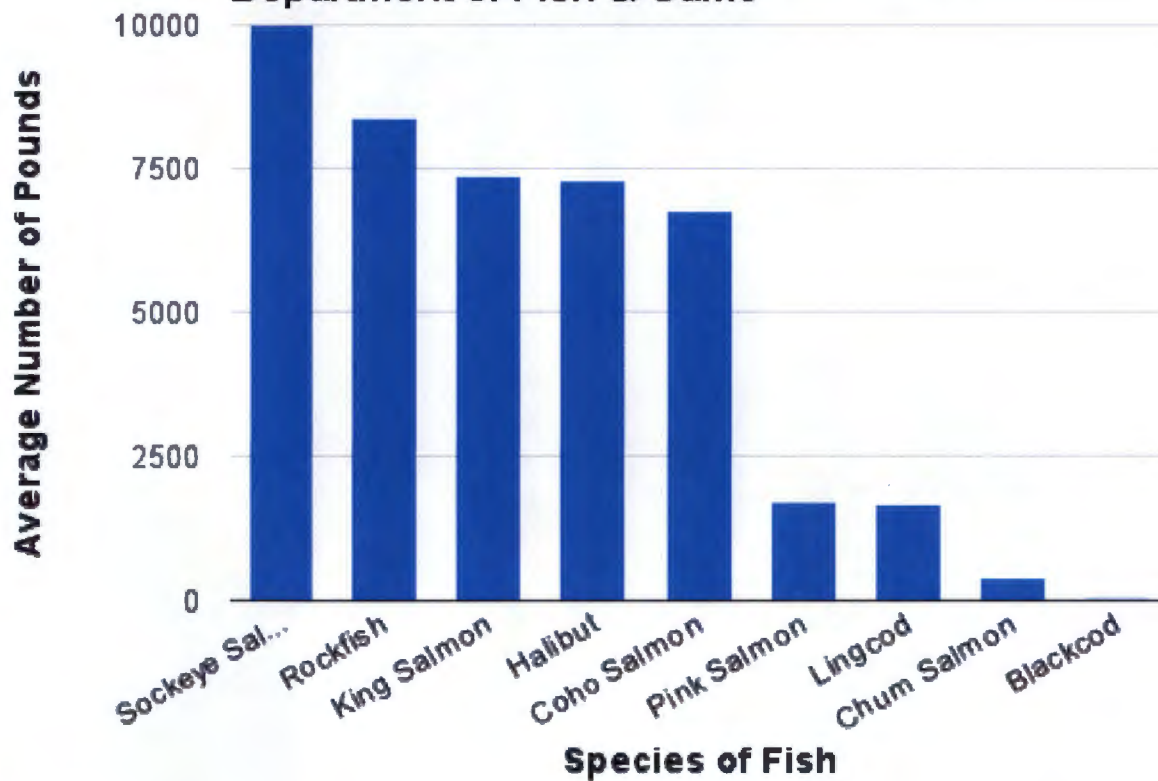
Hunt, Fish, Gather, Grow

Most Common Ways Sitkans Access Fish & Game (Source: Sitka Food Security Survey)



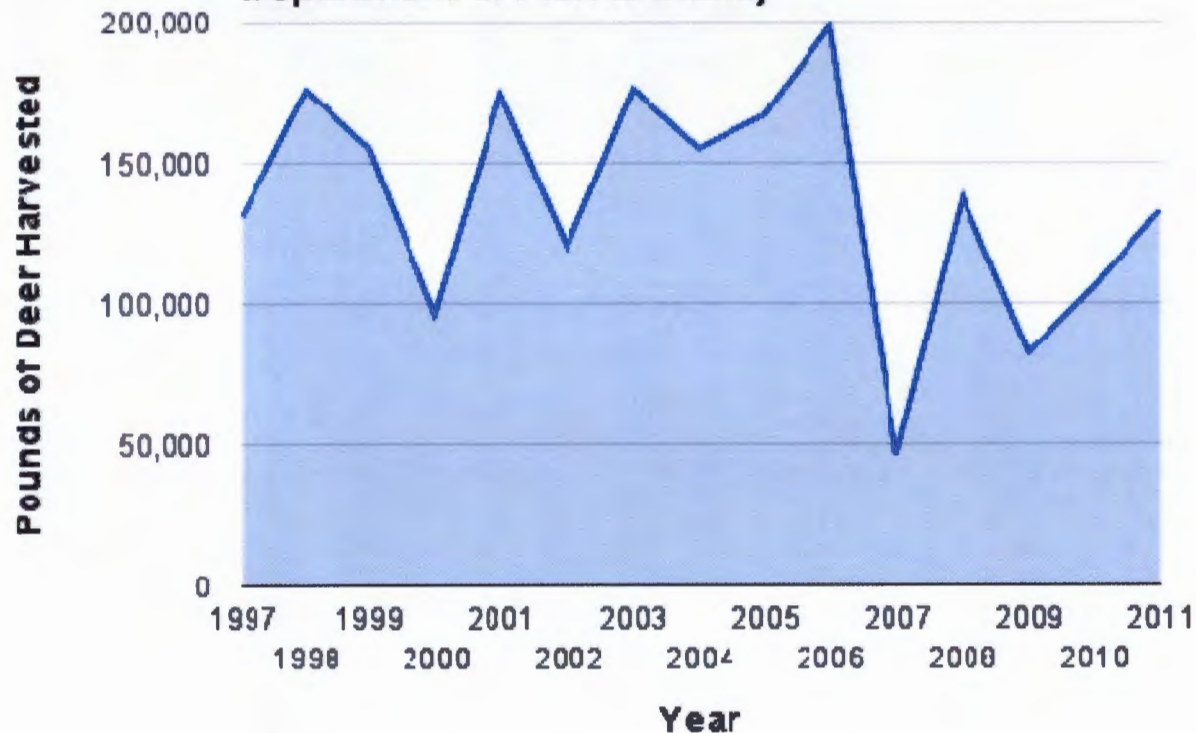
Hunt, Fish, Gather, Grow

Average Fish Harvest for Personal Use in Pounds for 2010-2011 (Source: Alaska Department of Fish & Game)



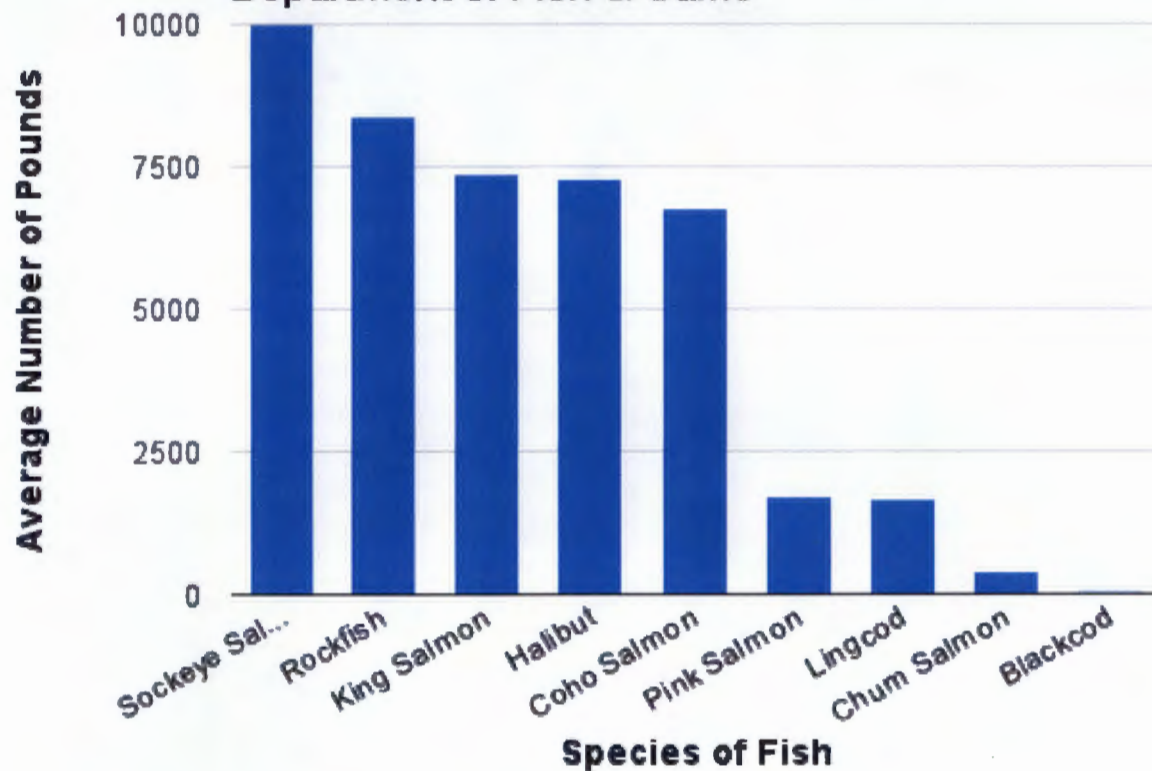
Hunt, Fish, Gather, Grow

Estimated Pounds of Deer Meat over Time in Game Management Unit 4 (Source: Alaska Department of Fish & Game)



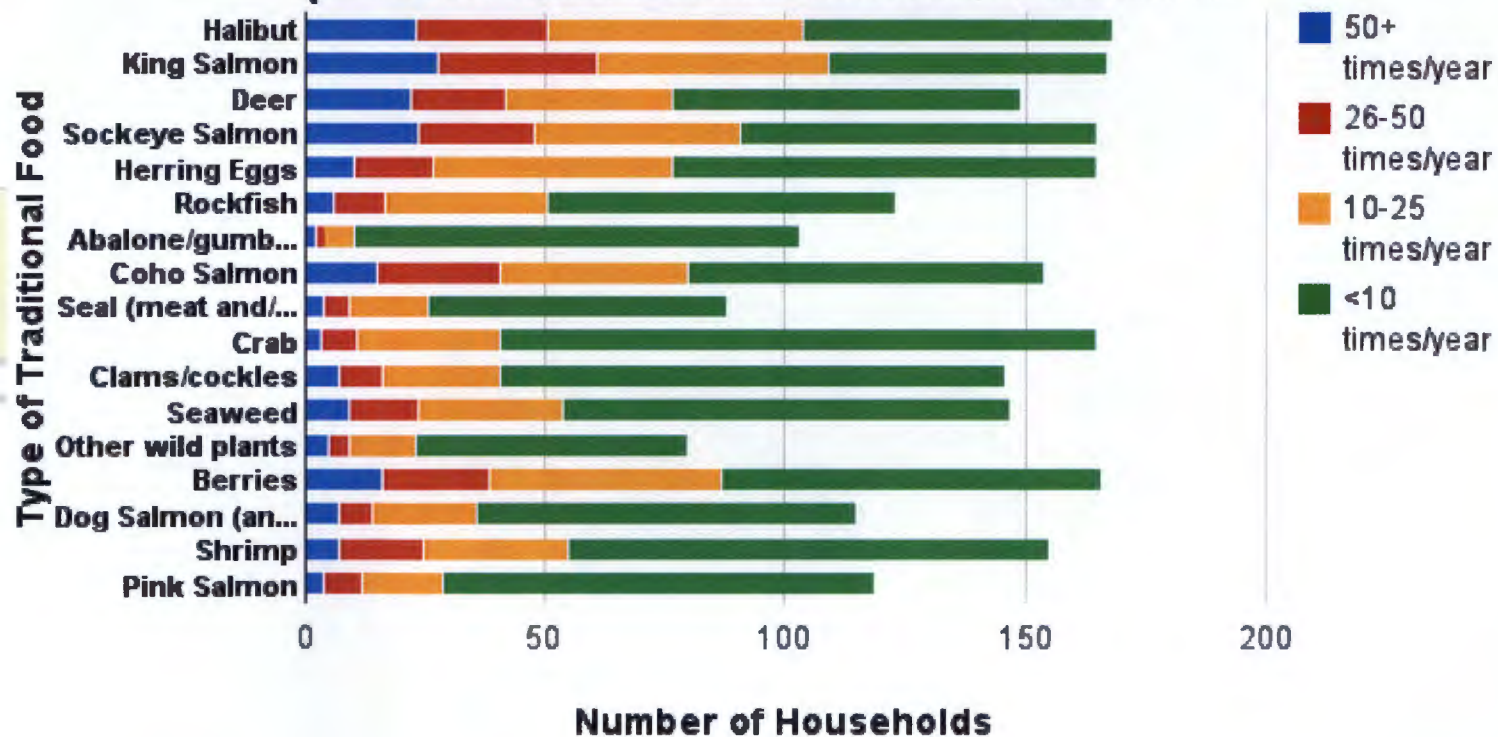
Hunt, Fish, Gather, Grow

Average Fish Harvest for Personal Use in Pounds for 2010-2011 (Source: Alaska Department of Fish & Game)



Hunt, Fish, Gather, Grow

Frequency of Traditional Foods Consumption and Rank of Importance
 (Source: 2008 STA Tribal Needs Assess...)

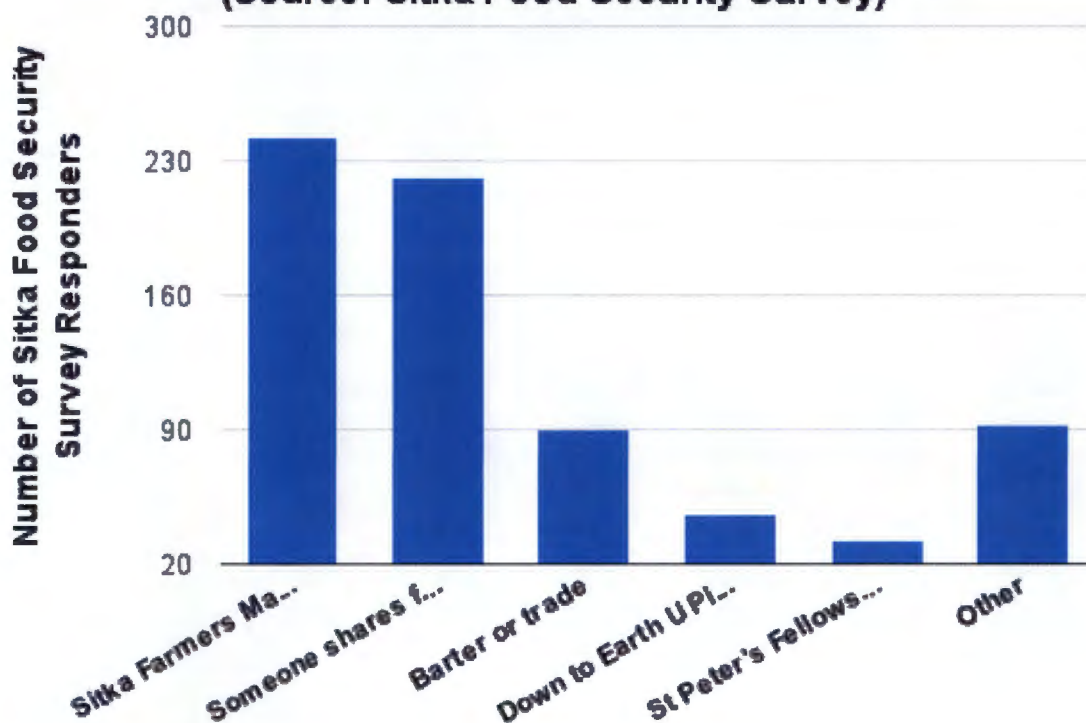


Did you know that...

- 75% of Sitkans eat less than 5 fruits & vegetables per day
- 52% of Sitka Food Security Survey respondents garden
- 77% of Sitka Food Security Survey respondents preserve food

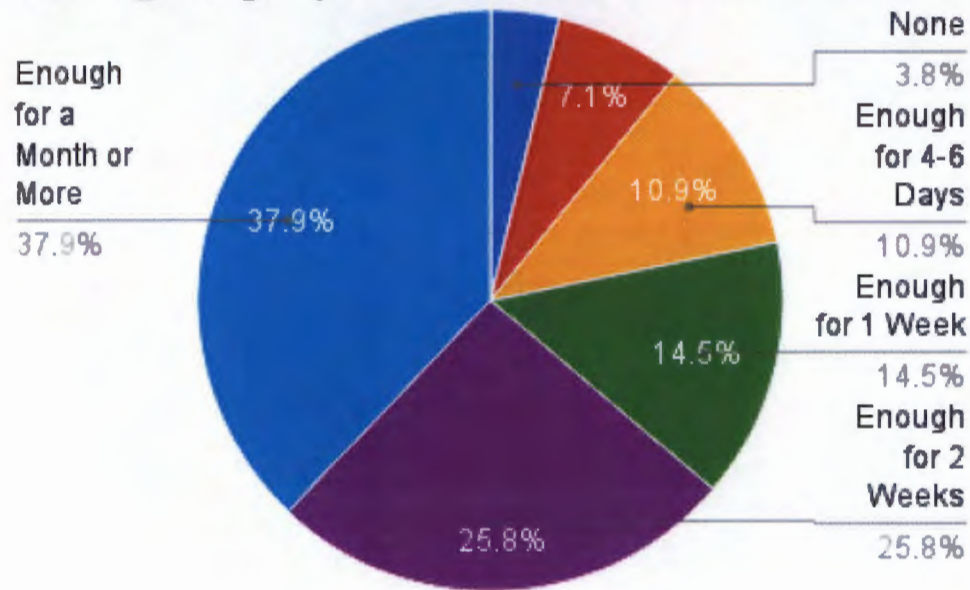
Hunt, Fish, Gather, Grow

Other than gathering, foraging or growing, how do you get local or wild fruits & vegetables?
(Source: Sitka Food Security Survey)



Hunt, Fish, Gather, Grow

How much food does your household have on hand or in storage in case of an emergency? (Source: Sitka Food Securit...



Did you know that...

- 415 of 422 Sitka Food Security Survey respondents food shop locally
- Between September 2003 and 2011, food costs rose 43.6% in Sitka.
- In March 2013, Sitka's food prices were
 - 10.4% higher than Juneau
 - 13.6% higher than Ketchikan
 - 21.5% higher than Anchorage

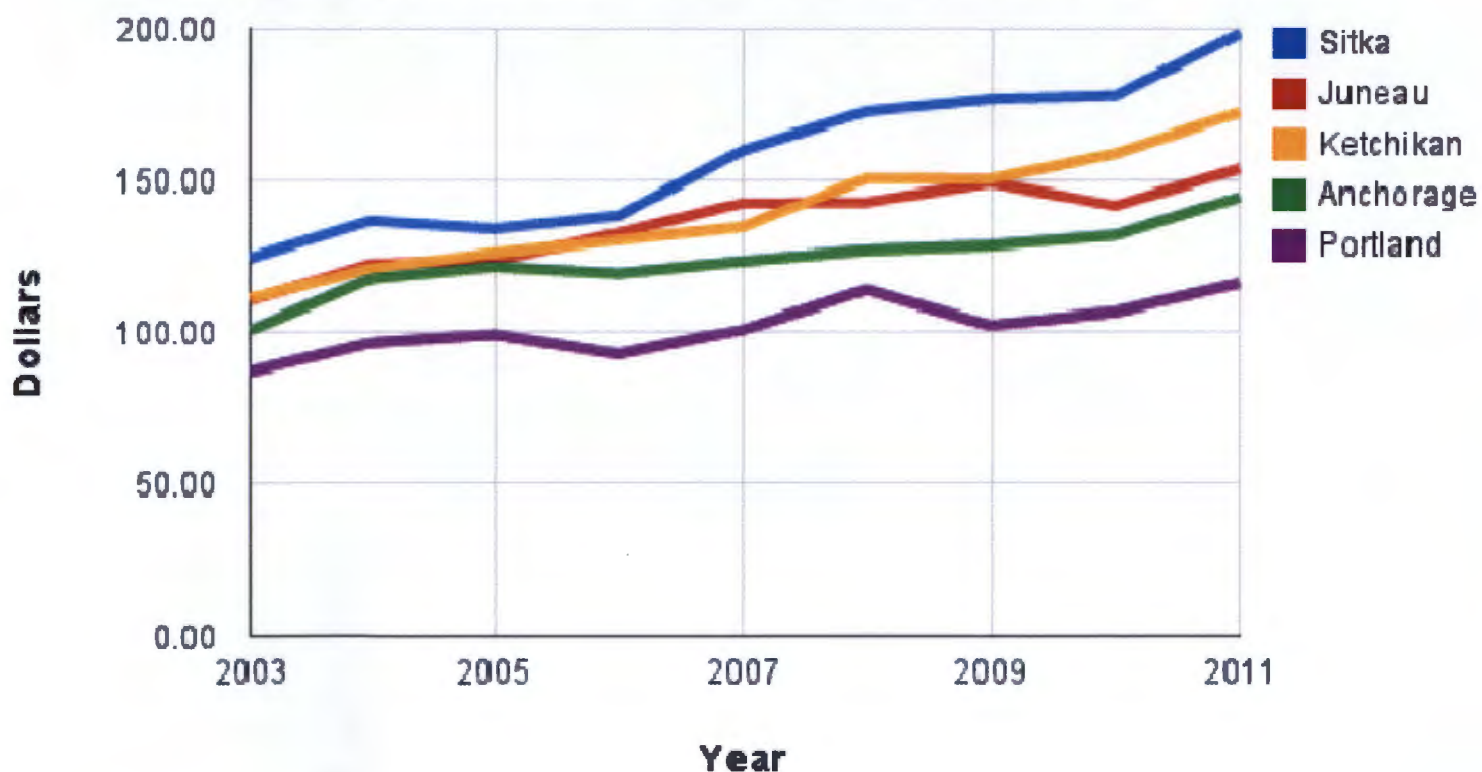
Food Shopping

Distribution of Sitka Food Security Responders as to where they shopped in the last month (responders could check multiple options)



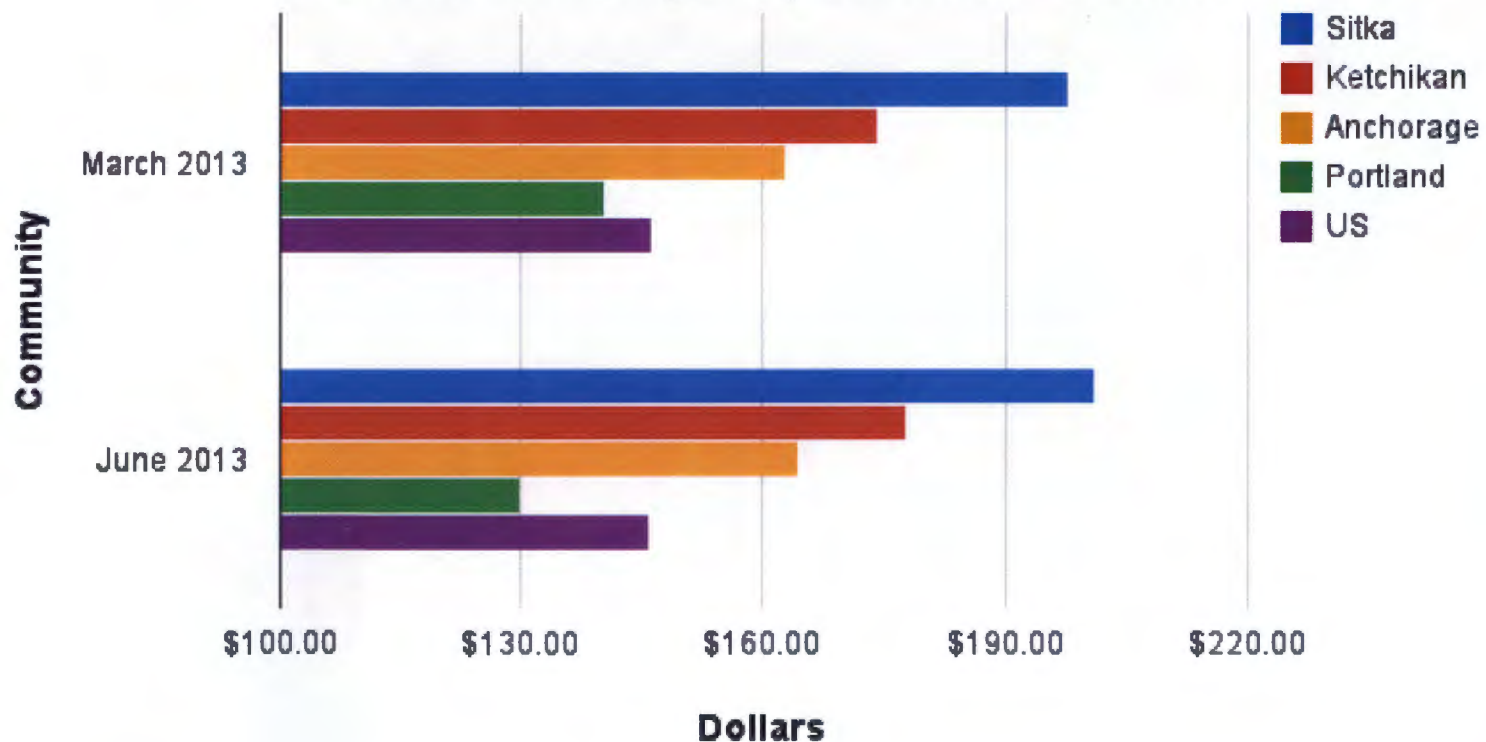
Food Costs

Family of 4 Weekly Food Cost Data in Sitka
2003-2011 (Source: CES Food Cost Survey)



Food Costs

Comparative Food Costs in 4 Communities and the US for March and June 2013 using the Thrifty Food Plan for Family of 4 (Source: UAF CES Fo...)

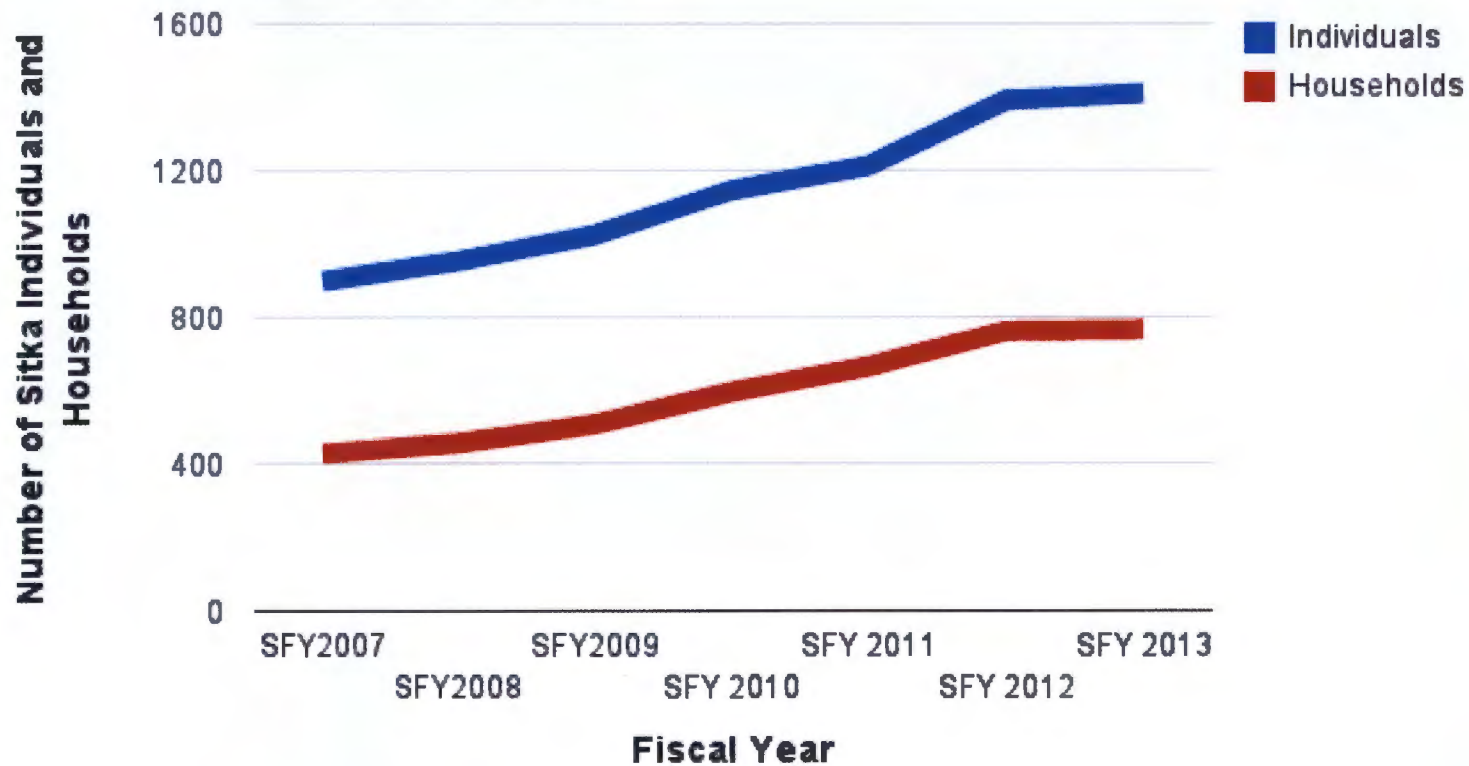


Did you know that...

- \$1,645,702 Food Stamp dollars were redeemed in Sitka in 2012, an increase of \$201,000 from 2011
- 1,410 Sitkans participated in the Food Stamp program in 2013
- 7,243 meals were served by the Salvation Army in 2013, up from 5,514 in 2012

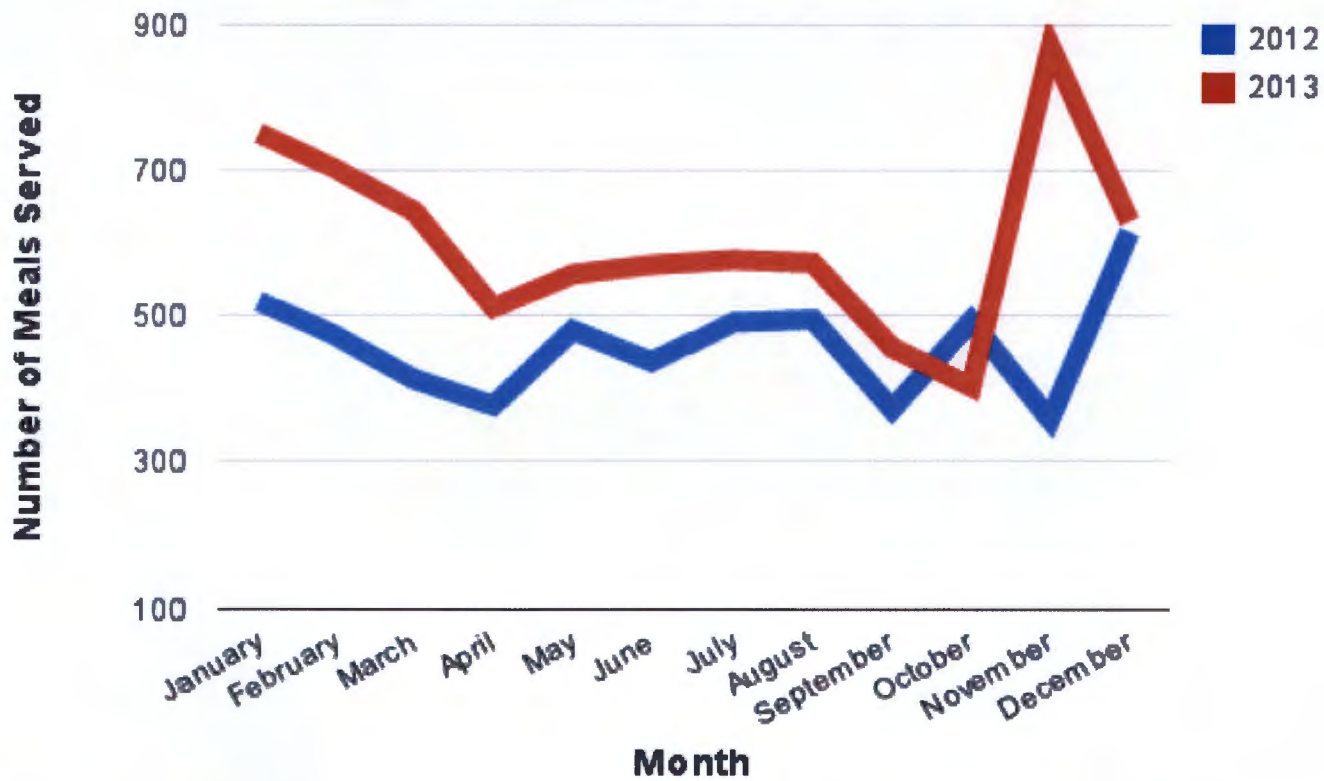
Food Assistance

Sitka Food Stamp Participation 2007-2013
(Source: USDA)



Food Assistance

Salvation Army Soup Kitchen Meals Provided
January 2012-December 2013

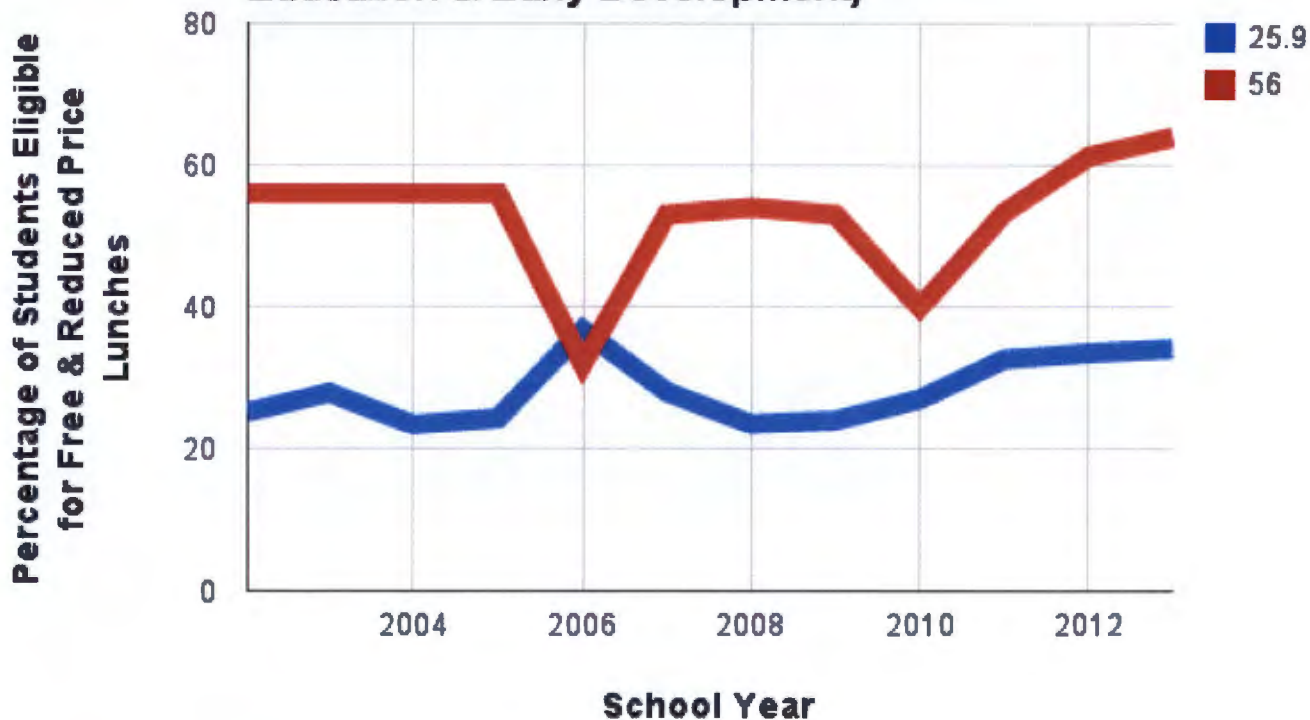


Did you know that...

- 56 children at Baranof & Keet Goshi' Heen Elementary participated in the Blessing in a Backpack program in 2013-2014 up from 50 in 2012-2013
- 26% of the Sitka School District and 56% of MEHS qualify for free or reduced price lunch
- Sitka's Fish to School program is a model for innovative approaches to Farm to School nationwide

School Food Environment

Free & Reduced Price Lunch Eligibility in Sitka
2001-2013 (Source: Alaska Department of
Education & Early Development)



Food Production



Alaskans Own
Community Supported Fishery

Alaskans Own
Sustainably Caught, Locally Processed Seafood
from Local Fishermen
King - Cobe - Hallett - Blackwood - Kachukuk - Unipod & More!

Call: 734-2276

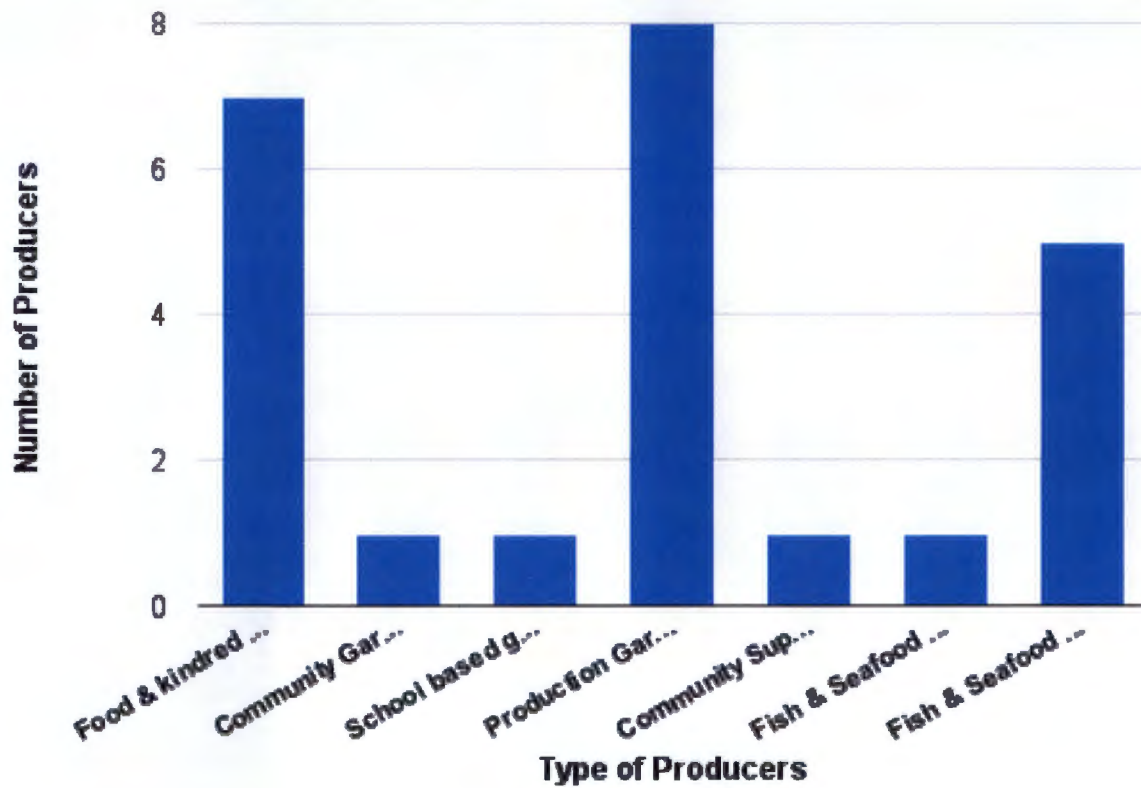
Sign Up Today!



Sitka Community FOOD ASSESSMENT

Food Production

Food Producers in Sitka (Source: Community Food Resource Profile)



What Next?

- Review Sitka's food policies
- Incentivize food production
- Seek funding for food system strategic planning
- Identify land that could be made available for food production
- What else?