Melissa Henshaw

From:

Doug Osborne <dosborne@sitkahospital.org>

Sent:

Thursday, September 28, 2017 1:49 PM

To:

Melissa Henshaw

Subject:

I'll reapply

Hello Melissa,

I got your letter in the mail about my term being up. I'll apply again. This is a something for the packet/application.

Dear Assembly,

I am applying for a seat on the Health Needs and Human Services Commission. Since February of 2015 I've served on this commission and enjoyed my time with this group. I believe firmly that individuals, groups and whole communities do best when they working towards optimal health and well-being. A little about my background:

I graduated from Colorado State University with a Bachelor in Social Work in 1995 and then came to Alaska as a VISTA volunteer. I worked as the Violence Free Schools project coordinator at WISH a Domestic Violence shelter in Ketchikan for 3 years and then spent a year teaching in Japan. I came back to Alaska, got married, and went to Alaska Pacific University in Anchorage for graduate school where I studied Health Education. My lovely wife Jami and I decided to pick a good place to live and then find jobs. We decided that Sitka had the right mix of great things and moved here in 2003.

From 2003-2014 I worked as a Health Educator IV for the Health Promotion Department at SEARHC. I've gotten trained and certified as a: a League of American Bicyclist – League Certified trainer, tobacco cessation counselor, and a holistic stress management trainer (My mentor in that important area is Brian Luke Seaward

Ph.D. http://brianlukeseaward.net). Over the years I participated in numerous trainings in Injury Prevention, coalition building, Public Health Planning, facilitation, and more. I was also an adjunct professor and co-taught the Community Wellness Advocates training program for para professionals at UAS – Sitka Campus.

During my decade in the Health Promotion department at SEARHC I was able to work with folks all over Southeast Alaska doing a wide variety of activities including program planning and evaluation. For the past eleven years I've had the good fortune to have worked with the people from all over town on the Sitka Health Summit which is where great ideas get turned into goals. The Choose Respect mural, the Farmers Market, the award winning Fish to Schools Project, the Community Playground, and bike project that led to Sitka being the first community in Alaska to receive the Bicycle Friendly Community award all started as ideas at the Summit.

Since January of 2015 I have worked as the director of Health Promotion at the Sitka Community Hospital.

Thanks for your consideration and continued service to Sitka,

Doug

Doug Osborne M.A. Sitka Community Hospital Director of Health Promotion 209 Moller Avenue (907) 747-0373



Application for Appointment to Boards, Committees, and Commissions City and Borough of Sitka

Board/Commission/Committee: Health Needs + Hurray Services
Name: Daytime Phone: 747-0373
Address: 404 Hollywood Way Evening Phone: 747-3752
Email Address: dos borne stitlanos pital.org. Fax Number:
Length of Residence in Sitka: 14 + 12015 Registered to vote in Sitka? X Yes No
Employer: Sitka Community Hospital
Organizations you belong to or participate in: Sitka Health Summit Coalition, Rotary Club, Community
Explain your main reason for applying:
Health is im portant and Sittle is my home.
What background, experience or credentials will you bring to the board, commission, or committee membership?
I've attended the City training for boards + commissions twice.
Please disclose any potential conflicts of interest that may arise from your appointment. These may include but are not limited to: • A substantial financial interest of \$1000 annually that could be influenced by your appointment. • An immediate family member employed within the scope of this appointment.
Please attach a letter of interest, outline, or resume which includes your education, work, and volunteer experience that will enhance your membership.
(To be considered, your application must be complete <u>AND</u> be accompanied by one of the abong supporting documents.)
Date: 5 Oct 17 Signature:
Your complete application and resume should be returned to the Municipal Clerk's Office by noon on the Wednesday prior to an advertised Assembly meeting.
Please note: all information submitted will be made public and published online. Appointments are normally made during open session of an Assembly meeting, however, Assembly members may vote to discuss applicant(s) in closed executive session. In this case, do you wish to be present when your application is discussed?Yes No

Return to:

Melissa Henshaw, Deputy Clerk/Records Specialist, 100 Lincoln Street Fax: 907-747-7403 Email: melissa.henshaw@cityofsitka.org



Health Needs and Human Services Commission

		TERM		
NAME	CONTACT NUMBERS	STARTS	EXPIRES	CATEGORY
DOUG OSBORNE	747-0373	1/27/15	10/14/17	CHAIR
209 Moller Avenue	dosborne@sitkahospital.org			Williams term
LOYD PLATSON	747-3636 x226 w	8/25/15	10/28/17	VICE CHAIR
805 Charles Street	623-7560 c			Zanuzoski's
	lplatson@scpsak.org			term
JEFF ARNDT	738-2025	11/11/15	11/11/18	
207 Cedar Heights	queenmab@gci.net			
CLARA GRAY	966-8936 w	12/8/15	12/8/18	
222 Tongass Drive 310	752-7880 c			
-	clarag@searhc.org			
BARBARA KENDALL	738-1808	8/23/16	8/23/19	
206 Park Street	bekendall40@yahoo.com			
MELISSA VIATOR	845-667-9552	9/13/16	9/13/19	
PO Box 2298	mvhealthfitness1@gmail.com			
ANTHONY TREAS	966-8720	11/22/16	11/22/19	VACANT 9/18/17
PO Box 2325	anthonyt@searhc.org			
Melissa Henshaw	747-1826			Secretary
Deputy Clerk/Records Specialist	melissa.henshaw@cityofsitka.org			-
Tristan Guevin	738-5415 c			Assembly
PO Box 6235	assemblyguevin@cityofsitka.org			Liaison
		_		

Established by Ordinance 2013-23

7 members 3-year terms (except for first commission): The first members appointed to the Commission shall, upon appointment, determine the length of the terms so that the terms of three (3) members shall be for one year, the terms of two (2) members shall be for two years, and the terms of two (2) members shall be for three years, resulting in staggered terms for members subsequently appointed. A vacancy on the commission shall be filled by appointment by the Assembly for any remainder of an unexpired term.

Meeting schedule: 2nd Wednesday of the month; noon at Harrigan Centennial Hall, 330 Harbor Drive – Meetings are to be held no less than four times per year.

Revised: October 2, 2017