

Application for Appointment to Boards, Committees, and Commissions City and Borough of Sitka

| Board/Commission/Committee: Health Needs & Hur | |
|--|---|
| Name: Elise Davidson Kitka | Preferred Phone: |
| Address: | Alternate Phone: |
| Email Address: | Alternate Phone: Fax Number: Registered to vote in Sitka? Yes |
| | |
| Employer: Sitka Counseling & Prevention | |
| Organizations you belong to or participate in: Sitka Counseling - Prevention Dept., H.O.P.E. Coalition (H | Healing Our People & Environment) |
| Explain your main reason for applying: I am interested in collaborating with community partners to these needs in our community. | o identify human service needs and strategize to better address |
| | bring to the board, commission, or committee membership? and and am currently working as the Program Manger for the |
| not limited to: | may arise from your appointment. These may include but a ally that could be influenced by your appointment. in the scope of this appointment. |
| Please attach a letter of interest, outline, or resume withat will enhance your membership. | hich includes your education, work, and volunteer experience |
| (To be considered, your application must be complete <u>Al</u> | \overline{ND} be accompanied by one of the above supporting documents |
| Date: Signature: | ilise Davidson Kitka |
| | |
| Your complete application and resume should be Wednesday prior to an advertised Assembly meeting. | returned to the Municipal Clerk's Office by noon on |
| • | public and published online. Appointments are normally makever, Assembly members may vote to discuss applicant(s |
| | be present when your application is discussed?Yes |

Jess Earnshaw, Deputy Clerk/Records Specialist, 100 Lincoln Street Fax: 907-747-7403 Email: clerk@cityofsitka.org

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Elise Davidson Kitka

HIGHLIGHTS OF QUALIFICATIONS:

- Strong leadership skills with experience in nonprofit program management and administration, as well as management of a 24-hour facility in accordance with State of Alaska licensing requirements.
- Passionate about working with people from an inclusive, strength-based, and solution-focused perspective.
- Dynamic, adaptable and resilient with an energized and innovative approach to problem-solving under pressure.
- ❖ Committed and driven to affecting positive change at various levels within an organization for the greater purpose of affecting change for people and communities in Alaska.
- Ready to work professionally and collaboratively as part of a team with a sense of dedication to influencing a workplace culture founded in integrity and building on the strengths of individual players.

EDUCATION:

Bachelor of Child and Youth Care

Humber Institute of Technology & Advanced Learning

September 2011 – September 2015

- This four-year specialized baccalaureate program was grounded in the combined disciplines of child and youth care, psychology, counseling, sociology, community development, and political science. I was trained to focus on utilizing a trauma-informed, strength-based, developmentally appropriate, and culturally humble approach to support the holistic development of children and youth within the context of their families, communities and broader socio economic and political environments in a wide variety of settings and circumstances.
- There was a strong focus on supporting Indigenous youth and communities as well as other diverse groups woven throughout the program. I learned of the cultural and historical context that frames many of the challenges we observe today as the result of intergenerational trauma of Indigenous people. It fueled a passion within me for continuing to learn more about the ways in which I could learn how to be a powerful ally and a changemaker in partnership with underserved populations.

| TRAINING & CERTIFICATIONS: | | | |
|---|--------------|--|--|
| Mandt Supporting Successful Leadership Leadership development & team-building for managers, The Mandt System | March 2022 | | |
| Mandt Certification Training Nonviolent crisis prevention & de-escalation, The Mandt System | March 2022 | | |
| Transition to Independence Process (TIP) Supporting youth in a planning process of preparing for a transition to independence, Stars Training Academy | July 2021 | | |
| Frontline Leadership The Alaska Training Cooperative, UAA Center for Human Development | January 2021 | | |
| Wilderness First Responder (WFR) Aerie Backcountry Medicine | March 2020 | | |
| 200-hr Hatha Yoga Teaching Certification (RYT with International Yoga Alliance) Gyan Yog Breath Institute in Rishikesh, India | October 2018 | | |

EMPLOYMENT HISTORY:

Prevention Program Manager

November 2022 - Present

Sitka Counseling & Prevention

- Bringing forth my skills and passion in supporting youth and families to create and implement supportive programming to prevent substance misuse.
- Mentoring under the Prevention Program Director to gain instrumental skills in prevention leadership to lead a team of individuals in implementing strong prevention initiatives in the community.

Youth Residential Services Program Coordinator

March 2019 - November 2022

Youth Advocates of Sitka (YAS)

Coordinating and managing youth residential behavioral health services, where I gained invaluable skills in the following areas:

- ❖ Leadership of a dynamic 24/hr program and facility and perseverance through many changes within the organizational climate and specifically COVID-19.
- ❖ Coordinating training and professional development opportunities for staff, promoting team development, and also prioritizing individual supervision.
- Coordinating quality programming and services for clients who come from all over Alaska with diverse backgrounds and unique strengths, challenges and needs.
- Working closely with a clinical treatment team and communicating with community partners to enhance opportunities for youth and to increase the quality of care we can provide.
- Ensuring the Residential Program is in compliance with licensing requirements as per the State of Alaska Department of Health & Social Services.
- ❖ Taking lead on a leadership role within an on-call rotation of supervisors to provide training materials, coaching and scheduling for other supervisors to provide 24-hour on-call support and access to crisis management support for clients and staff.
- Ongoing innovative problem-solving for continued program improvement; and extending that far past my immediate responsibilities to always plug in to any other area of the organization as a whole to see where my leadership and strategizing may be of use to propel our mission forward of empowering and supporting Alaskan youth and

families.

❖ Stepping up and taking on the role of Co-interim Executive Director to support the YAS team during a transition in leadership; while continuing to effectively oversee the Residential Program and acting as a reliable and dedicated support to staff and clients.

Wilderness Expedition/Behavioral Health Specialist

Sept 2017 - January 2019

Southeast Alaska Regional Health Consortium (SEARHC) Behavioral Health - Raven's Way (Yeil Jeevax)

- Providing care and therapeutic programming for disadvantaged youth from all over Alaska who face challenges around substance use, challenging home environments, and subsequent mental and behavioural health challenges.
- ❖ Facilitating chemical dependency classes and support groups while using a harm-reduction/trauma-informed approach.
- Fostering a safe space conducive to experiential learning through a combination of wilderness-based, community-based, and residential-based programming.
- Connecting youth with community resources and protective factors to assist them in setting themselves up for successful rehabilitation from drugs and alcohol while building towards a healthy future.

Wilderness Guide/Behavioral Health Associate

March 2016 - August 2017

Alaska Island Community Services (AICS)/SEARHC - Alaska Crossings

- Guided groups of Alaskan youth between the ages of 12 and 18 on therapeutically-focused wilderness canoeing/tarp camping/mountain hiking expeditions in Southeast Alaska as a means of providing them with psychosocial support, training in basic life skills as well as advanced outdoor recreation/wilderness and survival, self-exploration and an opportunity to enhance their capacity for resilience in the face of extreme challenges.
- ❖ Taught basic and advanced hard skills used to survive in challenging backcountry environments in order to foster the development of self-efficacy and resilience among youth, including skills in survival such as fire-building, compass navigation and cold-water safety/canoeing techniques.
- ❖ Facilitated innovative recreational and therapeutic programming in a remote and unconventional setting using limited supplies to set an environment in which youth could explore various topics and work through emotional challenges.

References Available Upon Request



Health Needs and Human Services Commission

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|-------------------------|----------------------------------|----------------|----------|------------|
| NAME | CONTACT NUMBERS | TERM STARTS | EXPIRES | CATEGORY |
| TRISTAN GUEVIN | 907-738-5415 | 3/23/21 | 1/8/22 | Vice Chair |
| 200 Seward Street | tristan.guevin@gmail.com | 2/9/22 | 2/9/25 | Vice Chair |
| 200 Seward Street | tristan.guevin@gmaii.com | 219122 | 219125 | |
| LAKOTA HARDEN | 907-747-3636 ext. 224 | 3/23/21 | 11/26/22 | |
| 113 Metlakatla Street | 510-827-7689 | 11/8/22 | 11/8/25 | |
| | lharden@scpsak.org | | | |
| ANNETTE EVANS | 406-5791936 | 1/24/23 | 12/8/23 | |
| PO BOX 902 | wannita12@yahoo.com | | | |
| DOUG OSBORNE | 907-966-8674 | 1/27/15 | 10/14/17 | Resigned |
| 222 Tongass Drive | douglaso@searhc.org | 10/24/17 | 10/24/20 | 1/31/23 |
| | | 11/10/20 | 11/10/23 | |
| ELLIE LO RE | 301-518-0097 | 1/26/22 | 8/24/24 | Resigned |
| 700 Etolin Street | elore@scpsak.org | | | 8/1/22 |
| ALBERT (ALEC) DUNCAN | 907-738-0975 | 4/13/22 | 11/9/24 | Resigned |
| 2716 Halibut Point Road | albert.duncan@sitkatribe-nsn.gov | | | 8/31/22 |
| Space #21 | | | | |
| LEXI FISH HACKETT 228 | 907-738-5684 | 4/13/21 | 4/13/24 | Resigned |
| Lakeview Drive | fish.lexi@gmail.com | | | 2/18/22 |
| Jess Earnshaw | 907-747-1826 | | | Secretary |
| Deputy Clerk | jessica.earnshaw@cityofsitka.org | | | |
| Crystal Duncan | 907-738-1910 | | | Assembly |
| PÓ Box 174 | assemblyduncan@cityofsitka.org | | | Liaison |
| Kevin Mosher | 907-752-0467 | | | Alternate |
| 100 Lincoln Street | assemblymosher@cityofsitka.org | | | Assembly |
| | | | | Liaison |

Established by Ordinance 2013-23

7 members, 3-year terms. A vacancy on the commission shall be filled by appointment by the Assembly for any remainder of an unexpired term.

Meeting schedule: 3rd Wednesday of the month; Noon at Harrigan Centennial Hall, 330 Harbor Drive – Meetings are to be held no less than four times per year.

Revised: February 6, 2023