



Application for Appointment to Boards, Committees, and Commissions City and Borough of Sitka

Board/Commission/Committee: Parks and Recreation Dept.
Name: Susan Compagno Preferred Phone: [REDACTED]
Address: [REDACTED] Alternate Phone: [REDACTED]
Email Address: [REDACTED] Fax Number: _____
Length of Residence in Sitka: 22 years Registered to vote in Sitka? ☒ Yes ☐ No
Employer: Sitka Community Hospital
Organizations you belong to or participate in: Sitka Little League Board Member for past 4 years.

Explain your main reason for applying:

Please see letter of intent

What background, experience or credentials will you bring to the board, commission, or committee membership?

Please disclose any potential conflicts of interest that may arise from your appointment. These may include but are not limited to:

- A substantial financial interest of \$1000 annually that could be influenced by your appointment.
- An immediate family member employed within the scope of this appointment.

Please attach a letter of interest, outline, or resume which includes your education, work, and volunteer experience that will enhance your membership.

→ (To be considered, your application must be complete AND be accompanied by one of the above supporting documents.)

Date: 6/15/19 Signature: Susan Compagno

Your complete application and resume should be returned to the Municipal Clerk's Office by noon on the Wednesday prior to an advertised Assembly meeting.

Please note: all information submitted will be made public and published online. Appointments are normally made during open session of an Assembly meeting, however, Assembly members may vote to discuss applicant(s) in closed executive session. In this case, do you wish to be present when your application is discussed? ☐ Yes ☒ No

Return to:

Melissa Henshaw, Deputy Clerk/Records Specialist, 100 Lincoln Street
Fax: 907-747-7403 Email: melissa.henshaw@cityofsitka.org

June 15, 2019

To Whom it May Concern:

My name is Susan Compagno and I am applying for a position on the board of Parks and Recreation. I have lived in Sitka since 1997 and have seen many changes in that time. I have seen the expansion of our trail system, a new playground, Kimsham field complex, a new pool, the community supported Hames Center, the PAC, and the new turf baseball field at Moller Park to name a few. My husband Bob Calhoun was born and raised in this town and we are raising our two boys here. Bob and I have been involved in sports all our lives and now our children are involved in many sports both within the school setting as well as club activities and Little League.

This town has so much to offer with our beautiful surroundings, intramural sports for all ages, and scholastic and club sports. It is a value of mine and my families to have access to outdoor activities no matter what activity one chooses.

I am a nurse in the ER at Sitka Community Hospital. I am also a certified Spin instructor and I am Crossfit Certified and teach Rockfit and Spin at the Hames Center. I have been a Little League Board Member for the past 4 years. I would like to participate in Parks and Recreation and focus on improving lower Moller Field. I envision a better track, a turf field for both football and soccer. I would like to help make this happen. I have appreciated all of the hard work that people have put forth to improve our parks and it is my hope that I can give back to our community in a small way and help to continue to improve the town that I have grown to love so much.

I appreciate the consideration.

Sincerely,


Susan Compagno

SUSAN COMPAGNO

PROFESSIONAL SUMMARY

Compassionate, hard working, team oriented Registered Nurse with over 14 years of experience. Diverse work experience in a clinic setting as the nurse manager and as an Emergency Room nurse working in urgent and high patient volume settings. Experience in leadership roles as the charge nurse with the focus on good communication, staff assignments, organizing and problem solving a variety of issues during each shift.

SKILLS

PALS Certification

ACLS Certification

ATLS Certification

BLS Certification

NRP Certification

TNCC Certification

WORK HISTORY

Registered Nurse Emergency Department, 02/2012 to Current

Sitka Community Hospital – Sitka, AK

- Prepared and administered medications as directed by a physician.
- Developed patient care plans, including assessments, evaluations and nursing diagnoses.
- Collected blood, tissue and other laboratory specimens and prepared them for lab testing.
- Ensured efficacy of treatments through monitoring of treatment regimens.
- Assigned employee areas, scheduled staff breaks and authorized overtime.
- Implemented new floor assignments based on evaluation of staffing requirements.
- Assisted patients with bathing, dressing, hygiene and grooming.
- Managed care for post-operative patients through discharge.
- Performed vitals/glucose testing and assisted in administering injections and urinalysis.
- Accurately documented all elements of nursing assessment, treatments, medications, discharge instructions, and follow-up care.
- Cooperated and communicated effectively with physicians to ensure client satisfaction and compliance with set standards.
- Skillfully performed suture removals for patients of all ages.
- Responded to Code Red pages and followed through on disposition of patients.
- Ensured safety and well-being of patients.

Clinic Nurse Manager, 05/2008 to 02/2012

Sitka Medical Center – Sitka, AK

- Investigated and resolved complaints from staff, physicians and patients.
- Supervised, scheduled and directed the performance of nursing staff.
- Collected blood, tissue and other laboratory specimens and prepared them for lab testing.
- Partnered with team of registered nurses to achieve overall well-being of all patients.
- Skillfully developed departmental goals, objectives, standards of performance, policies and procedures.
- Established staff schedules and assignments based on facility needs and equipment availability.
- Performed lab tests and communicated results.
- Created children's area in waiting room to make practice more family-friendly.
- Developed and implemented nursing care plans.
- Ensured efficacy of treatments through monitoring of treatment regimens.
- Cooperated and communicated effectively with physicians to ensure client satisfaction and compliance with set standards.
- Provided patient education.
- Supervised and managed the daily activities of a clinical team consisting of [number] physicians, nurses and support staff.
- Performed monthly inventory and maintained office and medical supply counts.
- Established standards for selection, promotion and termination of staff.
- Assigned employee areas, scheduled staff breaks and authorized overtime.

EDUCATION

Bachelor of Science: Nursing, 2004

Dominican University Of California - San Rafael, CA

Bachelor of Arts: Social Work, 1992

Humboldt State University - Arcata, CA

LEVEL 1 CROSSFIT INSTRUCTOR AND SPIN INSTRUCTOR

Exercise is an intricate part of my life and my families. To keep myself healthy and relieve stress, I have been doing CrossFit and Spin for a number of years and I have recently started to instruct classes on a regular basis.



PARKS AND RECREATION COMMITTEE

NAME	CONTACT NUMBERS	TERM STARTS	EXPIRES	CATEGORY
WOODY WIDMARK 444 Katlian Street	752-0152 c woodywidmark@gmail.com	9/27/16	9/27/19	CHAIR
BARBARA MORSE PO Box 2972	509-312-0617 morseb9@hotmail.com	03/22/16	03/22/19 03/26/22	
BETH SMITH 109 Darrin Drive	747-7010 253-590-3137 bekumtoo@hotmail.com	3/14/17	3/14/20	
JAMES POULSON 1610 Sawmill Creek Road	747-3219 w 747-6567 h james.poulson1@gmail.com	8/30/18	11/22/19	<i>Christianson's term</i>
BRANDON MARX PO Box 6171	747-1700 738-1392 marxlaw@gci.net	5/28/19	6/12/21	<i>Wright's term</i>
RICH KRUPA PO Box 3126	966-1956 747-3904 krupar@sitkaschools.org	6/11/19	6/11/22	
<i>ALLISON MASSEY 1510 B Davidoff Street</i>	<i>907-887-4555 asajm46@gmail.com</i>	<i>04/26/16</i>	<i>04/26/19</i>	
Kevin Knox PO Box 6415	738-4664 c assemblyknox@cityofsitka.org			Assembly Liaison
Melissa Henshaw Deputy Clerk City and Borough of Sitka	747-1826 melissa.henshaw@cityofsitka.org			Secretary

7 members from public - 3 year terms

Established by Ordinance 75-199 (2.56 SGC)

Second Tuesday, Noon – Harrigan Centennial Hall, 330 Harbor Drive

Community Resources				
Mary Miller Sitka National Historical Park 106 Metlakatla Street	747-0111 w 747-5938-fax mary_miller@nps.gov			
Lynne Brandon Sitka Trail Works 801 HPR	747-7244 w 747-7315 fax trail@gci.net			
Annemarie LaPalme Sitka Forest Service 2108 Halibut Point Road	747-4209 annemarie.lapalme@usda.gov			

Revised: June 17, 2019