

City and Borough of Sitka
ANNUAL GRANTS FROM GENERAL FUND
SUMMARY SHEET

Name of Organization: Sitka Counseling and Prevention Services, Inc.

Alaska State Business License Number (if applicable): 298434

Name of Contact Person: Amy Zanuzoski

Phone: [REDACTED] [REDACTED]

Mailing address: [REDACTED]

Grant Category (check either annual or special emergency grant, and check type of services for annual grant):

- ☒ Annual Grant:
 - ☒ Human Services or
 - ☐ Cultural and Educational Services or
 - ☐ Community Development
- ☐ Special Emergency Grant

Dollars Requested: \$25,000

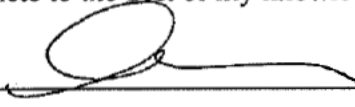
Match Dollars Committed: \$11,600

Percentage: 46%

Sources of Matched Dollars: Medicaid billing

Brief Description of the Purpose of the Grant: This funding will help to sustain and expand prevention programs for youth, maintain essential community data collection and ensure successful initiatives that provide education, resources and healthy alternatives for youth and adults.

I, Amy Zanuzoski, do hereby certify that all information provided for this grant application is accurate and complete to the best of my knowledge.

Name: Amy Zanuzoski 

Title: Executive Director

Date: 8/14/2025

City and Borough of Sitka – Human Services Grant Application

Submitted by Sitka Counseling / HOPE Coalition

Project Description Overview

Sitka Counseling, in partnership with the HOPE Coalition, is applying for the annual City and Borough of Sitka (CBS) Human Services grant to strengthen behavioral health prevention, treatment, and community support efforts in Sitka. This funding will help sustain and expand prevention programs, maintain essential community data collection, and ensure that successful services remain available to Sitka residents.

Our goal is to continue building on the progress we have made in prevention and early intervention, while remaining flexible and responsive to emerging needs. CBS support will allow us to maintain and grow initiatives that provide education, resources, and healthy alternatives for youth and adults, creating a stronger and healthier Sitka. This includes expanding our capacity to support suicide prevention and enhancing suicide postvention efforts to ensure that those impacted by suicide loss receive compassionate, coordinated care. This initiative will provide valuable leadership experience for the youth of Sitka by actively involving them in our coalition's work. By participating in decision-making, planning, and community outreach, young people will develop essential skills such as communication, teamwork, and problem-solving. This hands-on involvement will empower them to become confident leaders who can positively influence their peers and community. Additionally, by inviting two youth members to attend the annual Community Anti-Drug Coalitions of America (CADCA) Conference in February, we will expose them to statewide and national prevention efforts, broaden their perspectives, and inspire them to bring fresh ideas back to Sitka. Overall, this approach will encourage strength, resilience, and a lasting commitment to community wellness among our youth.

The requested CBS funds will: Support youth engagement events, food, and materials. Sustain community-wide data collection and evaluation efforts not covered by other grants. Provide resources for prevention trainings, public education campaigns, and healthy alternatives to substance use. Expand suicide prevention and postvention outreach and supports. Maintain technology, outreach, and partnership capacity to respond quickly to emerging needs.

Sitka Counseling received previous CBS grants in Fiscal Year 2005(\$23,449.00), 2006(\$15,000.00), 2007(\$15,000.00), 2008(\$5,000.00), 2009(\$20,000.00), 2010(\$7,000.00), 2011(\$5,000.00), 2012(\$3,000.00) then in 2015(\$7,000.00), 2016 (\$7,581.00), 2017 (\$4,692.00), 2018 (\$4,638.00), 2019 (\$4,714.00), 2020 (did not receive reward), 2021 (\$5,167), 2022 (\$5,845), 2023 (did not apply), 2024 (\$7,381.00), and 2025 (\$3,764).

Expected Outcomes

We maintain a community-wide data gathering and evaluation system that tracks substance use patterns and trends, monitors risk and protective factors, and measures program outcomes. This system includes local surveys, participation in the Youth Risk Behavior Survey, and ongoing community readiness assessments. We share this information with partners to guide programming and strengthen grant applications.

Success is measured through reductions in youth past-30-day use of targeted substances, increased perception of harm, higher rates of parental and peer disapproval, and reductions in law enforcement citations and emergency responses related to substance use.

Our work directly supports CBS Comprehensive Plan goals to protect public health, promote healthy lifestyles, and expand prevention and early intervention services. We provide both youth and adult behavioral health programming, offer community education, and foster healthy recreation alternatives to substance use. These strategies address alcohol, tobacco, other drug prevention, mental health promotion, suicide prevention, suicide postvention, and overall community well-being.

Statement of Need

The HOPE Coalition, representing all 12 community sectors, continues to lead coordinated prevention efforts in Sitka. Recent work includes:

- Partnering with Sitka High School to develop a pilot student support group for the 2025–2026 school year.
- Providing Youth and Adult Mental Health First Aid, Prime for Life DUI prevention training, and other evidence-based programs.
- Hosting National Recovery Month, International Overdose Awareness Day, DEA Drug Take Back Day, and Red Ribbon Week events.
- Leading safe medication disposal initiatives, including the placement of permanent drop boxes at the Sitka Police Department and Whites Pharmacy/AC Lakeside, plus a portable incinerator that has destroyed over 115 pounds of unused medications.
- Supporting youth recreation and healthy activity alternatives through the Community Recreation Work Group and partnerships with local facilities.
- Offering prevention trainings, workshops, and events for parents, caregivers, and students to address both substance misuse and mental health challenges.
- Building capacity for suicide prevention and enhancing suicide postvention outreach and resources to better support individuals, families, and the community after a loss.
- Applied for and was approved to receive a newspaper-style naloxone pickup box from SOAR WV.

CBS grant support has been critical in allowing Sitka Counseling to leverage state and federal funding for local benefit. Past city funding has helped secure:

- **Drug-Free Communities (DFC) Grant** – \$125,000 per year since 2017 to address youth alcohol, tobacco, and marijuana use through a community coalition model.
- **SPF-PFS Grant (2016–2020)** – Supported local opioid and prescription drug prevention efforts, including distribution of more than 380 overdose response kits, 260 medication disposal bags, and public education on safe storage and disposal.

- **Comprehensive Behavioral Health Prevention & Early Intervention (CBHPEI) Grant** – \$150,000 per year since 2019 to strengthen mental health and substance misuse prevention through partnerships with Sitka High School, Sitka Tribe of Alaska, and other key community partners.

On June 17th, we learned the Division of Behavioral Health will reduce FY26 grants due to declining tax revenues and the end of pandemic funding. Sitka Counseling faces an overall 25% budget cut, including a 15% reduction in Prevention and Early Intervention Services. Despite these challenges, we remain committed to sustaining youth programs and enhancing suicide prevention and postvention efforts in Sitka.

CBS support is also essential for meeting state and federal grant requirements for documented local government support, a factor that strengthens our ability to compete for future funding.

Organizational Capacity and Partnerships

Sitka Counseling has provided behavioral health prevention, treatment, and counseling services for more than 40 years, with a proven track record of successful grant management and program delivery. The HOPE Coalition brings together partners from education, law enforcement, tribal government, healthcare, youth services, and faith communities to ensure prevention strategies are coordinated, culturally responsive, and community-driven. Staff also serve on the Health Needs and Human Services Commission, where one of the approved goals is Mental Health, Suicide Prevention, and Suicide Postvention. This grant will allow us to further build the resources, connections, and strategies needed to advance that goal.

Sitka Counseling's board members include Stan Filler, President, Ken Davis, Vice President, Hillary Nutting, Secretary/Treasurer, Julie Platson, and Patti McPike. Our board has longevity, with some members standing for over twenty years. They attend monthly policy and direction meetings and special-purpose committees.

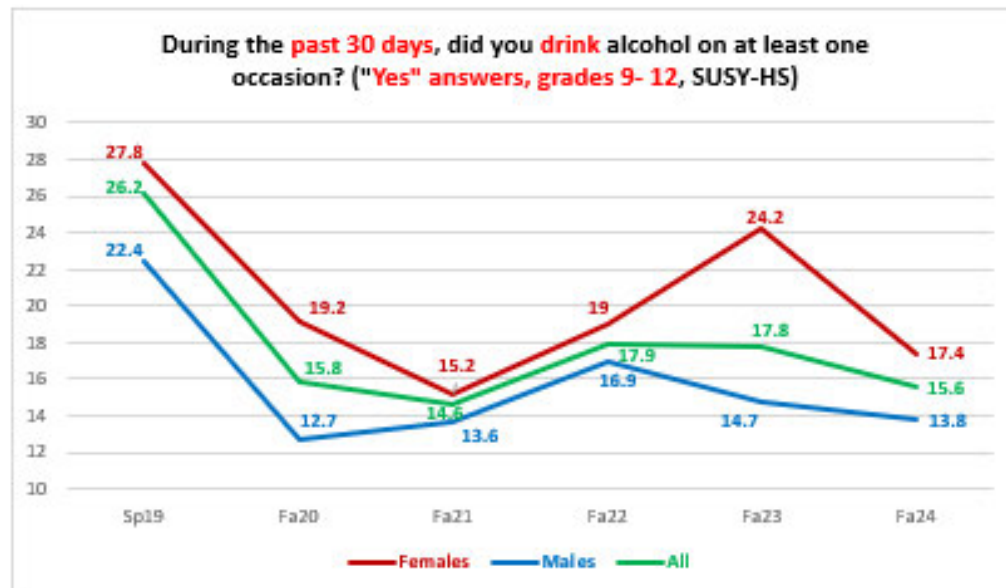
Conclusion

Investing in prevention now is cost-effective, with studies showing an average of \$10 saved for every \$1 spent. Continued CBS support will help Sitka Counseling and the HOPE Coalition maintain momentum, respond to community health needs, and build long-term resilience. Together, we can reduce youth substance use, strengthen mental health supports, enhance suicide prevention and postvention resources, and ensure Sitka remains a safe and healthy place to live.

Examples of the data graphs created from Substance Use Surveys of Youth (SUSY) that have been collected since 2019. More information can be found on our website, www.sitkacounseling.org

ALCOHOL DATA GRAPHS

During the **past 30 days**, did you **drink alcohol** on at least one occasion? ("Yes" answers) Updated 2024



City and Borough of Sitka Annual Grants from General Fund
Application packet

Attachment - Detailed Budget for the Project FY2026

	CBS	MATCH	PROJECT
Cost Category	AWARD		TOTAL
Supplies			
CADCA (2 attendees)	\$11,600	\$11,600	\$23,200
Supplies			
Promotion Supplies	\$9,900		\$9,900
Food Supplies	\$2,000		\$2,000
Program Supplies	\$1,500		\$1,500
TOTAL DIRECT COSTS	\$25,000	\$11,600	\$36,600

Itemized list of grants:

Department of Behavioral Health CBHTR – Outpatient Treatment \$962,486.52

Department of Behavioral Health CBHTR – Residential Substance \$242,068.20

CDC, Drug Free Communities Support Program \$125,000.00

Department of Health and Social Services, Comprehensive Behavioral Health Prevention and Early Intervention Services Grant \$127,500

Thread Community Innovation grant (7/1/2025-12/31/2025) \$298,115.00

SITKA COUNSELING

Budget vs. Actuals: Budget_FY25_P&L - FY25 P&L Classes

July 2024 - June 2025

	TOTAL			
	ACTUAL	BUDGET	OVER BUDGET	% OF BUDGET
Revenue				
4100 Grant Revenue	2,488,349.47	1,907,796.31	580,553.16	130.43 %
4101 Mini-Grants Revenue	200.00	100.00	100.00	200.00 %
4200 Client Fees	1,440,910.65	2,087,489.60	-646,578.95	69.03 %
4250 Other Fees	1,187.00		1,187.00	
4270 Food	12,355.84	15,000.00	-2,644.16	82.37 %
4400 Unrestricted Income				
4410 Interest Income	2,687.68	1,000.00	1,687.68	268.77 %
4415 Endowment Income	9.18	20.00	-10.82	45.90 %
4420 Donations - Local	17,404.32	7,000.00	10,404.32	248.63 %
4422 Donations - Board Member	470.00	200.00	270.00	235.00 %
4428 Donations - Christmas Bazaar	9,529.64	9,000.00	529.64	105.88 %
4445 Miscellaneous Income	55,105.92	5,000.00	50,105.92	1,102.12 %
4450 Recovery Of Bad Debt	398.59	100.00	298.59	398.59 %
4460 Facility Rental	121,870.22	135,000.00	-13,129.78	90.27 %
Total 4400 Unrestricted Income	207,475.55	157,320.00	50,155.55	131.88 %
4491 Flume Circle Reimbursements	6,000.00	20,500.00	-14,500.00	29.27 %
4492 Rep Mgmt Fee		4,968.00	-4,968.00	
Total Revenue	\$4,156,478.51	\$4,193,173.91	\$ -36,695.40	99.12 %
Cost of Goods Sold				
4600 Adjustments				
4601 Sliding Fee W/O	113,205.98	2,000.00	111,205.98	5,660.30 %
4607 Medicaid W/O	9,775.86	50,000.00	-40,224.14	19.55 %
4609 Client Fees/Write Offs	56,425.79	25,000.00	31,425.79	225.70 %
4612 Miscellaneous Adjustments	2,411.50	2,000.00	411.50	120.58 %
Total 4600 Adjustments	181,819.13	79,000.00	102,819.13	230.15 %
Total Cost of Goods Sold	\$181,819.13	\$79,000.00	\$102,819.13	230.15 %
GROSS PROFIT	\$3,974,659.38	\$4,114,173.91	\$ -139,514.53	96.61 %
Expenditures				
5100 Personal Services				
5101 Wages	2,182,942.54	2,706,120.46	-523,177.92	80.67 %
5175 Payroll Taxes	174,595.81	183,003.07	-8,407.26	95.41 %
5176 Retirement	67,153.65	76,579.66	-9,426.01	87.69 %
5177 Health Insurance	164,807.04	184,408.24	-19,601.20	89.37 %
Total 5100 Personal Services	2,589,499.04	3,150,111.43	-560,612.39	82.20 %
5200 Travel				
5210 Local Mileage		46.00	-46.00	
5215 Travel - Training	36,159.45	25,859.42	10,300.03	139.83 %
5220 Travel - Business		6,004.00	-6,004.00	
5230 Training/Tuition	20,109.76	11,660.00	8,449.76	172.47 %
Total 5200 Travel	56,269.21	43,569.42	12,699.79	129.15 %
5300 Facility				

SITKA COUNSELING

Budget vs. Actuals: Budget_FY25_P&L - FY25 P&L Classes

July 2024 - June 2025

	TOTAL			
	ACTUAL	BUDGET	OVER BUDGET	% OF BUDGET
5310 Rent	100.00	48,152.00	-48,052.00	0.21 %
5312 Facility Depreciation		68,580.27	-68,580.27	
5313 Interest - USDA	-33.73	5,241.00	-5,274.73	-0.64 %
5315 Interest-Sitka Recovery Campu		52,749.00	-52,749.00	
5320 Telephone	45,185.01	30,800.00	14,385.01	146.70 %
5325 Utilities	96,915.03	68,900.00	28,015.03	140.66 %
5330 Maintenance & Repairs	363,211.36	25,400.00	337,811.36	1,429.97 %
Total 5300 Facility	505,377.67	299,822.27	205,555.40	168.56 %
5400 Supplies				
5410 Office Supplies	10,326.64	15,400.00	-5,073.36	67.06 %
5415 Program Supplies	88,860.35	44,700.00	44,160.35	198.79 %
5425 Household Supplies	8,255.91	17,700.00	-9,444.09	46.64 %
5430 Food Supplies	41,565.84	62,500.00	-20,934.16	66.51 %
5440 Postage	3,153.14	2,940.00	213.14	107.25 %
Total 5400 Supplies	152,161.88	143,240.00	8,921.88	106.23 %
5500 Equipment				
5510 Equipment Purchases/Rental	70,198.70	76,408.00	-6,209.30	91.87 %
5515 Equipment Maintenance	10,703.29	53,500.00	-42,796.71	20.01 %
Total 5500 Equipment	80,901.99	129,908.00	-49,006.01	62.28 %
5600 Other				
5610 Audit	19,919.02	19,245.00	674.02	103.50 %
5613 UA Testing	2,533.63	1,500.00	1,033.63	168.91 %
5616 Professional Fees/Licenses	2,910.13	4,700.00	-1,789.87	61.92 %
5618 CARF Accreditation Fees	9,629.75	10,000.00	-370.25	96.30 %
5619 Dues/Subscriptions	11,027.02	13,775.00	-2,747.98	80.05 %
5633 Advertising/Printing	30,494.95	14,872.67	15,622.28	205.04 %
5635 Insurance	74,506.23	80,404.61	-5,898.38	92.66 %
5647 Background Checks	2,428.43	4,700.00	-2,271.57	51.67 %
5650 Pre Employment Screening	2,196.00	5,600.00	-3,404.00	39.21 %
5656 Recruitment Costs	73,795.85	34,000.00	39,795.85	217.05 %
5670 Contracted Services	85,080.72	73,757.65	11,323.07	115.35 %
5675 Cont Services - Nurse	7,229.44	17,566.60	-10,337.16	41.15 %
5680 Cont Services - Med Director	40,586.38	40,801.26	-214.88	99.47 %
Total 5600 Other	362,337.55	320,922.79	41,414.76	112.90 %
5700 Indirect Cost	20,100.00	20,100.00	0.00	100.00 %
5800 Miscellaneous				
5810 Bank Charges	4,764.17	4,000.00	764.17	119.10 %
5815 Finance Charges	143.72		143.72	
5840 Reimbursable Expenses	386,809.25		386,809.25	
5860 Christmas Bazaar	3,266.74	2,500.00	766.74	130.67 %
5880 Miscellaneous Expense	100.00		100.00	
Total 5800 Miscellaneous	395,083.88	6,500.00	388,583.88	6,078.21 %

SITKA COUNSELING

Budget vs. Actuals: Budget_FY25_P&L - FY25 P&L Classes

July 2024 - June 2025

	TOTAL			
	ACTUAL	BUDGET	OVER BUDGET	% OF BUDGET
Reimbursements	984.07		984.07	
Total Expenditures	\$4,162,715.29	\$4,114,173.91	\$48,541.38	101.18 %
NET OPERATING REVENUE	\$ -188,055.91	\$0.00	\$ -188,055.91	0.00%
Other Expenditures				
Reconciliation Discrepancies-1	8.29		8.29	
Total Other Expenditures	\$8.29	\$0.00	\$8.29	0.00%
NET OTHER REVENUE	\$ -8.29	\$0.00	\$ -8.29	0.00%
NET REVENUE	\$ -188,064.20	\$0.00	\$ -188,064.20	0.00%



Department of the Treasury
Internal Revenue Service
Tax Exempt and Government Entities
PO Box 2508
Cincinnati, OH 45201

SITKA COUNSELING & PREVENTION
[REDACTED]
SITKA, AK 99835

Date: September 20, 2022
Employer ID number: [REDACTED]
Form 990 required:
990, Yes
Person to contact:
Name: Jeffery Miller
ID number: 1001731108

Dear Sir or Madam:

We're responding to your request dated July 05, 2022, about your tax-exempt status.

We issued you a determination letter in April 2004, recognizing you as tax-exempt under Internal Revenue Code (IRC) Section 501(c)(3).

We also show you're not a private foundation as defined under IRC Section 509(a) because you're described in IRC Sections 509(a)(1) and 170(b)(1)(A)(vi).

Donors can deduct contributions they make to you as provided in IRC Section 170. You're also qualified to receive tax-deductible bequests, legacies, devises, transfers, or gifts under IRC Sections 2055, 2106, and 2522.

In the heading, we indicated whether you must file an annual information return. If you're required to file a return, you must file one of the following by the 15th day of the 5th month after the end of your annual accounting period.

- Form 990, Return of Organization Exempt From Income Tax
- Form 990-EZ, Short Form Return of Organization Exempt From Income Tax
- Form 990-N, Electronic Notice (e-Postcard) for Tax-Exempt Organizations Not Required to File Form 990 or Form 990EZ
- Form 990-PF, Return of Private Foundation or Section 4947(a)(1) Trust Treated as Private Foundation

According to IRC Section 6033(j), if you don't file a required annual information return or notice for 3 consecutive years, we'll revoke your tax-exempt status on the due date of the 3rd required return or notice.

You can get IRS forms or publications you need from our website at www.irs.gov/forms-pubs or by calling 800-TAX-FORM (800-829-3676).

If you have questions, call 877-829-5500 between 8 a.m. and 5 p.m., local time, Monday through Friday (Alaska and Hawaii follow Pacific time).

Thank you for your cooperation.

Sincerely,

Stephen A. Martin

Stephen A. Martin
Director, Exempt Organizations
Rulings and Agreements

Alaska Department of Commerce, Community, and Economic Development

Division of Corporations, Business, and Professional Licensing

PO Box 110806, Juneau, AK 99811-0806

This is to certify that

SITKA COUNSELING AND PREVENTION SERVICES, INC

[REDACTED] SITKA, AK 99835

owned by

SITKA COUNSELING AND PREVENTION SERVICES, INC.

is licensed by the department to conduct business for the period

October 6, 2023 to December 31, 2025
for the following line(s) of business:

62 - Health Care and Social Assistance



This license shall not be taken as permission to do business in the state without having complied with the other requirements of the laws of the State or of the United States.

This license must be posted in a conspicuous place at the business location.
It is not transferable or assignable.

Julie Sande
Commissioner

SITKA COUNSELING AND PREVENTION SERVICES, INC

SITKA, AK 99835

for Fiscal Year 2026

CBS Liabilities Form

Complete and submit this form with your Non-Profit Grant Application.

Organization Name: Sitka Counseling

- Property Tax

Justin Harris
Justin Harris, Supervisory Senior Accountant
747-1853

- Sales Tax

Justin Harris
Justin Harris, Supervisory Senior Accountant
747-1853

- Municipal Leases

Tori Fleming
Tori Fleming, Procurement Specialist
747-1845

- Loan/Promissory Note

Amanda Diehl 8/14/2025
Amanda Diehl, Controller
747-1801

- Utilities

Chelsey Dumag
Chelsey Dumag, Utility/Harbor Billing Clerk
747-1843

CBS Department signatures must be complete to verify your organization is current on all CBS liabilities.