



Application for Appointment to Boards, Committees, and Commissions City and Borough of Sitka

Board/Commission/Committee: Health Needs and Human Services Commission

Name: Lakota Harden Preferred Phone: [REDACTED]

Address: [REDACTED] Alternate Phone: [REDACTED]

Email Address: [REDACTED] Fax Number:

Length of Residence in Sitka: 6 yrs Registered to vote in Sitka? Yes No

Employer: Sitka Counseling and Prevention Services Inc.

Organizations you belong to or participate in:

Sitka Counseling, Searhc Health Promotions, Youth Advocates (the Cloud), Sitka Conservation Society, Sitka Whalefest/Sitka Science Center, American Legion, Alaska Native Sisterhood, Sitka Mutual Aid, Sitka Decolonization Discussion Group, Shee Atika, Sealaska, Sitka Herring Protectors.

Explain your main reason for applying:

Being an active member of this community concerned about wellness and healing I feel obligated to serve in a capacity to represent some of the underrepresented in our community. My employment in Sitka Counseling allows me time to focus on Health and Human Services needs, issues in all capacities.

What background, experience or credentials will you bring to the board, commission, or committee membership?

→ For 40 years, I've worked in the non-profit community of Human Services, focusing on Young People and Indigenous Populations Wellness and Healing. I've been a spokesperson in many organizations, movements, which has kept me abreast of many societal issues. I grew up on Japonski island, graduating from Sitka High. This gives me an innate awareness of issues our local lifelong Sitkans face. I attended UC Berkeley, residing in California, giving me the comprehensive view of world views participating in several multi-cultural coalitions. Having been at the forefront of Indigenous Movements across the country for self-determination, over the decades gives me a unique perspective that has been beneficial to the work I've been involved both at SEARHC and Sitka Counseling. I'm active as a community member of the Sitka Tribe of Alaska, Alaska Native Sisterhood, and Friends of Mt. Edgecumbe High School. My integrity and commitment to health and wellness for all people, would bring a voice, a perspective that is unique and much needed.

Please disclose any potential conflicts of interest that may arise from your appointment. These may include but are not limited to:

- A substantial financial interest of \$1000 annually that could be influenced by your appointment.
- An immediate family member employed within the scope of this appointment.

Please attach a letter of interest, outline, or resume which includes your education, work, and volunteer experience

that will enhance your membership.

(To be considered, your application must be complete AND be accompanied by one of the above supporting documents.)

Date: 3/17/2021 Signature: Lakota Harden

Your complete application and resume should be returned to the Municipal Clerk's Office by noon on the Wednesday prior to an advertised Assembly meeting.

Please note: all information submitted will be made public and published online. Appointments are normally made during open session of an Assembly meeting; however, Assembly members may vote to discuss applicant(s) in closed executive session. In this case, do you wish to be present when your application is discussed?_Yes_No

Return to:

Melissa Henshaw, Deputy Clerk/Records Specialist, 100 Lincoln Street
Fax: 907-747-7403 Email: melissa.henshaw@cityofsitka.org

WORKSHOP DESCRIPTIONS

We are the Land! Cultivating Roots for a Connection to a Centuries-Old Community

During this time of re-examining our place on this planet, we need to take time to consciously look at ways to liberate oneself from learned conditioning. Drawing on our ancestral memory as well as modernization of Indigenous philosophies, how we can create a network of support and inspiration for our daily lives? We are the voice of the Waters, Trees, Air, Four-leggeds, Winged, and our future generations. This talk will address the importance of Identifying and restoring cultural practices and rediscovering our beliefs and values for the empowerment of our original role - living with our relatives on this planet.

“Decolonization” Workshop for Indigenous Peoples

This workshop addresses the impact of genocidal policies on Indigenous individuals, families, and communities. The colonization of Indigenous communities has had multiple affects on those who have survived the "Manifest Destiny" tactics. In healing work, it is important to look at the spiritual and mental, as well as physical and emotional complexities of individuals. Acknowledging trauma, exploring methods and resources for healing, drawing on cultural practices and centuries old knowledge, are some of the ways to move forward.





Topics

Art & Politics
Environment
Human Rights
Internalized Oppression
Multiculturalism
Native Americans
Poetry/Spoken Word
Programs for High School Students
Racism/Racial Justice
Resiliency/Healing
Violence Against Women
Violence-Prevention, Conflict Resolution
Women & Feminism

Lakota Harden

Objective: Experienced program coordinator with demonstrated administrative and program delivery outcomes. Possesses strong interpersonal, organizational, and communication skills with attention to detail and ability to prioritize. Able to facilitate communication as well as build collaborative relationships with program partners and skate holders. Computer skills in Microsoft Word, Excel, Powerpoint.

WORK HISTORY

SEARHC Health Promotions April 2019- Dec. 2020

Diabetes Prevention Coordinator

Plan and Implement Diabetes Prevention Awareness. Organize and disseminate Educational and Informational materials through Activities, Community sessions, for all areas of the local populations.

SEARHC Behavioral Health- Raven's Way May 2016-April 2019

Adolescent Residential Treatment Center

Counselor in Training adhering to activities for obtaining the Chemical Dependency Certification. Onsite counseling service with daily activities involving, schooling, extracurricular, and home skills. Behavior Health service for Adolescents who struggle with alcohol misuse and chemical dependency.

Special Events Project Coordinator August – November 2015

International Indian Treaty Council San Francisco, CA

- Organize and Implement transportation event arrangements
- Program design including: agenda, speakers, performers, security, proper protocol, liaison with California Parks and Recreation Dept., Alcatraz Cruises and local elders, tribal members
- Experience with media coverage
- Familiar with quantitative surveys, data collection, tracking & accountability.

Group Facilitator February 2013 to March 2014

Native American Health Center's Richmond Wellness Center Elder's

- Facilitate and monitor Elders support and wellness group.
- Activities and education coordination with field trips, focusing on culturally based spiritual and physical wellness.

Violence Prevention Trainer April 2012

Sitkans Against Family Violence, Sitka, Alaska

- Planned and implemented trainings for youth and adults
- Interactive workshops for the schools and community groups assisted in furthering communication skills as well as self awareness among students and clients, in Sitka, Angoon and Kake.

EDUCATION/CERTIFICATION

Rapid City Career Learning Center, Business Administration Certificate, SD	2000
University of California Berkeley, Native American Studies CA	1988-1990
University of Nebraska-Lincoln General Studies NB	1986-
1988	

Volunteer Experience/Trainings

Elder health home care 2015 to present

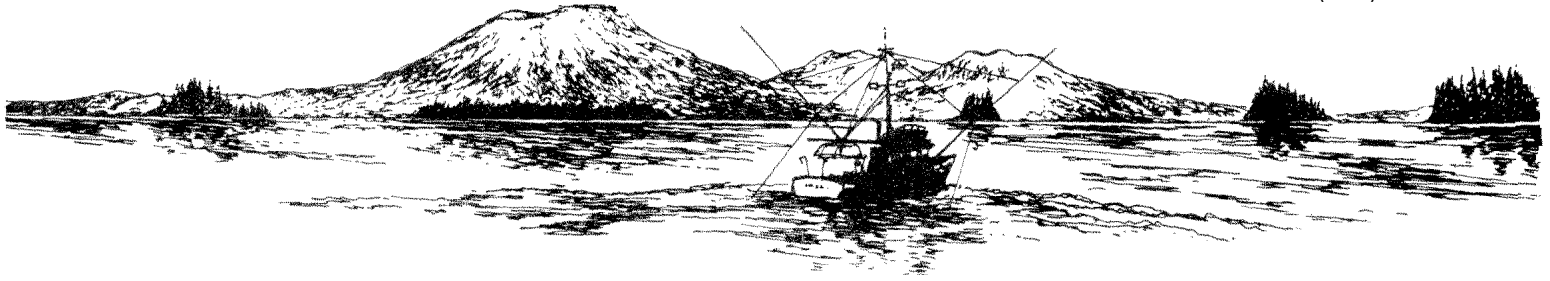
KPFA radio programmer for Bay Native Circle 2004 to present

MC and coordinator of Intertribal Friendship House Community events and programs. Adult and youth

SITKA SCHOOL DISTRICT

www.ssd.k12.ak.us

300 Kostrometinoff St.
Sitka, Alaska 99835
Phone: (907) 747-8622



April 16, 2019

Greetings,

It is with great enthusiasm that I write this letter of recommendation for Lakota Harden. I spent, on several occasions over the last few years as a co-worker and fellow educator teaming with her at Raven's Way in Sitka, Alaska. Throughout my experience working with Lakota I witnessed her exercise skill, sound judgment and a voracious appetite for professional excellence. She is extremely knowledgeable and tirelessly serves her students and clients, endeavoring to provide the safest environment, both physically and emotionally.

She carefully and thoughtfully executes her responsibilities, catering to the needs of her students and clients including culturally relevant, traditional and place based approaches. For example, she went out of her way to make sure one of our Yup'ik students felt at home and had some of his traditional foods available, which was not an easy feat due to the lack of those foods in our local ecosystem. Lakota is very sensitive towards the moment-to-moment needs of her clients and students, I witnessed her on countless occasions adjust the environment, give support and elderly counsel to others. She gives relentlessly until the needs of that person are met. Lakota is a dedicated and brave person who willingly gives of herself to others. I strongly believe that Lakota will be an asset and a positive addition to your team. Please consider her for any position you think her talents will bolster.

If you have any questions, please contact me.

Sincerely,

Ryan Hill, MA (Nanuq)
Director of Education & Wilderness Expedition Specialist
Raven's Way/ Yéil Jeeyáx at Sitka School District

[Redacted]
[Redacted]
[Redacted]



Health Needs and Human Services Commission

NAME	CONTACT NUMBERS	TERM STARTS	EXPIRES	CATEGORY
CHARLIE WOODCOCK PO Box 115	747-2910 606-224-9958 charlie.woodcock@sitkayouth.org	9/25/18 8/27/19	9/13/19 8/27/22	CHAIR
CECILIA DUMOUCHEL PO Box 6573	617-871-9842 ckdumouchel@gmail.com	12/8/20	12/8/23	VICE CHAIR
DOUG OSBORNE 222 Tongass Drive	966-8674 douglaso@searhc.org	1/27/15	10/14/17 10/24/20 11/10/23	
STEPHANIE HAWNEY 401 Marine Street #2	283-569-2330 stephanie.hawney@sitkatriben-sn.gov	3/9/21	10/23/21	
<i>DENISE EWING 800 Halibut Point Road C</i>	<i>623-7654 denise.ewing@alaska.gov</i>	<i>11/26/19</i>	<i>11/26/22</i>	<i>Resigned 3/17/21</i>
<i>LOYD PLATSON 805 Charles Street</i>	<i>747-3636 x226 w 623-7560 c lplatson@scpsak.org</i>	<i>8/25/15</i>	<i>10/28/17 11/7/20</i>	
<i>HOLLY MARBAN 705 Sawmill Creek Road</i>	<i>966-8938 907-713-5311 hmarban@searhc.org</i>	<i>1/8/19</i>	<i>1/8/22</i>	<i>Resigned 12/31/2020</i>
Melissa Henshaw Deputy Clerk/Records Specialist	747-1826 melissa.henshaw@cityofsitka.org			Secretary
Crystal Duncan PO Box 174	738-1910 assemblyduncan@cityofsitka.org			Assembly Liaison
Kevin Knox PO Box 6415	738-4664 assemblyknox@cityofsitka.org			Alternate Assembly Liaison

Established by Ordinance 2013-23

7 members, 3-year terms. A vacancy on the commission shall be filled by appointment by the Assembly for any remainder of an unexpired term.

Meeting schedule: 3rd Wednesday of the month; Noon at Harrigan Centennial Hall, 330 Harbor Drive – Meetings are to be held no less than four times per year.

Revised: March 17, 2021